

Tule River Newsletter

Volume 6 Issue 3

March 2014

Tule River's 2014 Tribal Council



Story on page 2

**Tule River
Tribal Council
Chairman
Neil Peyron
Vice-Chair
Ryan Garfield
Treasurer
Joyce Carothers
Secretary
Nancy McDarment
Members
Duane M. Garfield Sr.
Kevin M. Bonds
Yolanda Gibson
Kenneth McDarment
Heather Teran**

Here is your new 2014 Tule River Tribal Council - From the left in the back, Duane M. Garfield Sr., Vice-Chairman Ryan Garfield, Kenneth McDarment, Chairman Neil Peyron and Kevin M. Bonds. From the left in front, Secretary Nancy McDarment, Heather Teran, Yolanda Gibson and new Treasurer Joyce Carothers.

Tule River 'investes from the ground up'



Lily Garfield and Savanah Farmer, both members of the Girl Scouts of America troop 2690, were just a few of the over 125 volunteers that participated in the 'invest from the ground up' project last month.

On February 15th Tule River joined all of California in a state-wide campaign to plant over 1,700 trees in the Southern San Joaquin Valley and the San Francisco area. Over 125 volunteers came out to help at Tule River. Community members, Girl Scout Troop 2690, The 'Big foot' Boy Scouts of America Troop 139 from Porterville, Porterville City Councilman Greg Shelton, TRAP members, Tule River Natural Resources Department, Tule River Fire Department, Tule River Department of Public Safety, Tribal TANF, Tule River Education Department, Tule River Recreation Department, Cal Fire, Porterville College Phi Theta Kappa and Alpha Chi Mu and Wild Places from Springville are just a sampling of the many dedicated people who worked that day.

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2014 election results



Last minute voters.

Tule River Tribal members converged on the Tribal Office last month for the week-long election process. The Tule River Indian Health Center Board of Directors election saw 381 voters out of 507 eligible voters mark their ballots. Harold Santos and Johnny Nieto tallied the votes as they were read by Zahid Sheikh, CEO of the Tule River Indian Health Center. Seventeen candidates vied for the four vacant seats seeing Gayline Hunter re-elected receiving the highest number of votes with 142. Also re-elected were Yolanda Gibson with 117 votes and Barbara Baga with 111. Receiving 109 votes and new to the Board was Richard Brown. Joyce Carothers received 104 votes making her an Alternate and Joey Garfield is the second Alternate with 87 votes. The Board met the following



Yolanda Gibson, Nancy McDarment and Kevin Bonds at the 2014 Tule River Tribal Council election.



Johnny Nieto tallies votes for the Health Board Election as Zahid Sheikh calls out the names.

Monday to elect the executive Board. Gayline Hunter retained her seat as Chairwoman, Barbara Baga is now the Vice-Chair, Alberta Chavez was elected as the Secretary and Donna Medrano as Treasurer. Board members are Yolanda Gibson, Chris Dabney and Richard Brown. Alternates are Joey Garfield and Joyce Carothers. This is your 2014 Tule River Indian Health Center Board of Directors. The Health Board will meet the first Wednesday of every month at 9 a.m.

376 voters marked their ballots out of the 480 eligible voters in the 2014 Tule River Tribal Council election. Tallying the votes were Amanda Peyron, Harold Santos and Johnny Nieto as Yolanda Gibson and Kevin Bonds read the ballots under the watchful eye of Nancy McDarment. Neil Peyron retained his seat receiving the highest number of votes with 132. After a brake in service, Ryan Garfield was elected with 86 votes. Joyce Carothers came in third with 79 votes and veteran Heather Teran was elected with 71 votes.

Immediately following the count the new Tule River Tribal Council met and elected executive officers. Neil Peyron was once again elected at Tribal Council Chairman, Ryan Garfield as Vice-Chair, Nancy McDarment retained her seat as Secretary and Joyce Carothers was elected at Treasurer. Members are Yolanda Gibson, Duane M. Garfield Sr., Kenneth McDarment, Kevin M. Bonds and Heather Teran. This is your 2014 Tule River Tribal Council.

The Tule River Tribal Council meets every Tuesday and Thursday at 9 a.m. in the Council Chambers

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Election results cont'd



Your 2014 Tule River Indian Health Center Board of Directors - In the back from the left are Alternate Joey Garfield, Yolanda Gibson and Vice-Chair Barbara Baga. In the Front are Treasurer Donna Medrano, Secretary Alberta Chavez, Chairwoman Gayline Hunter and Richard Brown. Not pictured are Chris Dabney and Alternate Joyce Carothers.

**Please join us for our monthly Diabetes/
Injury Prevention Walk**



March 13, 2014 10:00am

Zalud Park

Limited Transportation Available

Light Lunch

Education

Incentives



Please call Adrianna or Margaret with questions (559) 784-2316

Rodeo is coming to the Tule River!



Photos provided by Charmaine McDarment

The Tule River Rodeo Committee met for the second time this year in preparation for the upcoming INFR Tour Rodeo to be held at McCarthy Ranch May 2nd through May 4th. This year the committee is Novalie McDarment, Chairwomen, Shawn Gonzales, Vice-Chair, Wendi Correa, Treasurer, Harold Santos, Secretary, Gerald Santos, Jolene Castle, Kat Nieto, Jesse James, Chris James, Leroy Chico and Gilbert Williams.



The Committee is working diligently to bring the best in Indian Rodeo entertainment this year. At this time, they are actively seeking 2014 Miss Tule River Rodeo contestants. The deadline to apply is March 7th and applications may be downloaded from the website at www.tulerverrodeo.com. If you have any questions please contact Novalie McDarment at 559-719-0726 or email tulerver_rc@aol.com.



Secretary, Harold Santos is also looking for craft and food venders. Contact Harold at 559-782-1619 for information.



Pre-sale tickets are available from any Committee member and are \$8. Tickets will be \$10 at the door. Check out the website at www.tulerverrodeo.com for more information. Pictures are also available from last year for your viewing pleasure. Let all 'Rodeo Up'. See you in May!

Meet Sharon James



Sharon James, new Director of the Department of Family and Social Services at Tule River.

Ms. Sharon James is an enrolled member of the Washoe Tribe of Nevada and California and she is also of Paiute descent.

Ms. James brings more than twenty years of expertise in the field of child welfare to the Tribe. James comes to the TRT from the State of Nevada, Administrative offices for the Division of Child and Family Services, where she served as the Nevada Indian Child Welfare Liaison for approximately ten years. She was responsible for improving state-tribal relationships through consultation, writing the Nevada Indian Child Welfare Act Policy, coordinating the Inter-Tribal Council of Nevada's Indian Child Welfare Act (ICWA) Track, conducting ICWA case reviews for quality improvement, providing technical assistance to state regional field offices and she also facilitated the statewide ICWA Committee.

Prior to working at the States of Nevada, Ms. James worked for tribes located throughout the state of Nevada, California and Arizona in various capacities in diverse social services departments, i.e., Tribal Temporary Assistance Native Families, Domestic Violence Prevention and ICWA. Ms. James also has several years of experience working for the State of Arizona as a Human Service Specialist III in a specialized unit for developmentally delayed foster youth.

Ms. James holds a Bachelor's degree from the University of Nevada, Reno emphasizing Social Work and Human Development with a concentration in Addiction Treatment. She also has an Associate's degree from Western Nevada College, and a Certificate in Human Services from Rio Salado College in Arizona.

On a personal note, Sharon stated that she is glad to be here and thankful for the opportunity to serve this community in a positive way. She has three children, Thomas, Patrick, and Kristin of Dresslerville, Nevada. She has seven grandchildren and her greatest joy is watching them grow.

Please give Ms. James a very warm Tule River welcome when you see her.

Do you have money coming to you?

If your name is on this list, you may have money coming to you from the Office of the Special Trustee for American Indians. You can call the Trust Beneficiary Call Center toll free at 1-888-678-6836. Family members may also call this number if any on the list have passed away as beneficiaries may be entitled to the persons estate.

Begay, Josephine	Manuel, Rachel M.
Bennett, Johnnie A.	Manuel, Shawn Julian
Carter, Lawrence L.	McDarmont, Charlene Bethany
Curtis, Farron	McDarmont, Sr., William A.
Curtis, Irene H.	Miranda, Augustina Louise
Curtis, Larry	Nieto, Delores S.
Davis, Maggie May	Nieto, Everett Lamarr
Eugene, Althea R.	Nieto, Henry Duane
Eugene, Craig Thomas	Nieto, Jayson Levi
Eugene, Ralph Manuel	Nieto, Lavada Sandra
Eugene, Ronald L.	Nieto, Lester Richard
Flores, Daniel J.	Nieto, Nelda Fay
Franco, Darlene Catherine	Nieto, Rudolph Gail
Frederick, Leslie	Nieto, Sam
Gonzales, Ludrie JM.	Orr, Ronald
Marilyn Hunter	Peyron, Aaron Douglas
Jeff, Colleen Odette	Ramos Denise J. (Hunter)
Jeff, Jennifer Lynn (Barrios)	Ray, Royce Gene
Jeff, Naomi Mae	Sierra, Rudy P.
Jeff, Ned Alan	Tapleras, Patricia
Jeff, Rodney Oliver	Tapleras, Ruth
Jeff, Scott Emerson	Thomas, Chery R.
Jeff Jr., Harry Gilbert	Thomas, Sharon
Lenares, Evelyn M.	Vega Clyde Kent
Lenares, James Harvey	Vega, Delbert
Lenares, Rosa S.	Vega, Raymond Alonzo
Manuel, Jimmy Ray	Vega, Wilfred Theodore
Manuel, Leonard	Weece, Celestina
Manuel, Marnie	Weese, Susan



Office of the Special Trustee for
American Indians

Trust Beneficiary Call Center
1-888-678-6836

Locate Your Fiduciary Trust Officer!

www.doi.gov/ost/fto

CRIHB addresses issues at quarterly meeting Tribal health leaders meet to address health care and sovereignty issues at the CRIHB quarterly Board of Directors Meeting.



Suicide prevention, water rights and water quality, tribal consultation, managed care and making Indian Health Service funding mandatory instead of discretionary were key issues discussed at CRIHB's quarterly Board of Directors meeting on January 23-25 in Sacramento. Updates on CRIHB Options,

Covered California, and Medi-Cal managed care expansion were also provided. Dr. Mark LeBeau, Executive Director, welcomed tribal leaders and tribal health program directors, who traveled from all over California to participate. California Assembly member Dr. Richard Pan and IHS Area Director Margo Kerrigan also attended.

The Tribal Health Program Directors met on Thursday, January 23, focusing on clinic operation issues, provider networks, and changes to the CRIHB Care/CRIHB Options program. Andy Anderson of Mathiesen Memorial Health Clinic facilitated a lively problem-solving session on challenges faced by clinics, which allowed the directors to share best practices in tackling these issues. Program Directors heard from Partnership HealthPlan, a managed care program, as well as Covered California Qualified Health Plans Anthem Blue Cross and Blue Shield. Representatives of these Plans expressed their willingness to partner with tribal clinics and health programs to ensure that AI/AN beneficiaries are able to receive continuity of care when they enroll through Covered California. Inclusion of tribal health clinics in these Plans' networks will also ensure program sustainability for the tribal health clinics.

On Friday, January 24 the CRIHB Tribal Governments Consultation Committee (TGCC) convened and elected Councilperson Cheryl Seidner of the Wiyot Tribe as TGCC Chairwoman for 2014. The TGCC is composed of tribal chairpersons or their delegates and was created in 1990 to evaluate challenges faced by CRIHB and its members and make recommendations to the Board of Directors.

TGCC representatives discussed the critical importance of making Indian Health Service funding an entitlement, rather than discretionary. If IHS funding were an entitlement, it would not be subject to sequestration or haphazard and short-term distribution of funds when funding is based on a continuing resolution.

Water rights and water quality, tribal consultation, suicide prevention, and Covered California's relationship to tribal health programs were also key issues. Yurok Coun-

cilman Larry Hendrix expressed concern about current drought conditions and asked why the Governor's office had not yet consulted with tribes about its impact on their water quantity and quality. Chairwoman Seidner said she shared that concern, and that "Water is life." TGCC enacted two resolutions, one mandating state consultation on the drought and the other supporting immediate implementation of effective consultation policies by all state agencies and departments in the State of California.

Dr. Mark LeBeau, CRIHB Executive Director, presented his report to TGCC, relating his vision for CRIHB to its strategic planning goals. Last, Jackie Kaslow, CRIHB Family and Community Health Department Director, reported to TGCC about CRIHB's Suicide Prevention Program, Healing Our Own People (HOOP). Many of the tribal leaders, shared stories about the devastating impact of suicide in their communities. But, there was also hopeful talk focused on the importance of listening, being there for others, and returning to native traditions and spirituality.

The CRIHB Board of Directors met on Saturday, January 25. The Board welcomed Dr. Richard Pan, Assemblymember, 9th District, who participated in an open question and answer session with tribal leaders. Dr. Pan is a pediatrician and serves as the Chairman of the Assembly's Committee on Health. Dr. Pan expressed his commitment to ensuring health care coverage is available for all Californians and ensuring that federal health care reforms are implemented effectively in California. The Board also welcomed Margo Kerrigan, Indian Health Service Area Director, who presented architectural and design plans for the Southern California Youth Regional Treatment Center which will be constructed in Hemet in the near future.

For more information regarding the CRIHB Quarterly Board Meetings, contact

Renee Campos at (916) 929-9761 renee.campos@crihb.org, or go to www.crihb.org.

The California Rural Indian Health Board is a Tribal organization established in 1969 and operating under the authority of the Indian Self Determination Act to provide health and health related services to 11 member Tribal Health Programs serving 30 Federally Recognized Tribes in CA.

The California Rural Indian Health Boards Mission: CRIHB is a network of Tribal Health Programs, which are controlled and sanctioned by Indian people, and their Tribal Governments. We are committed to the needs and interests that elevate and promote the health status and social conditions of the Indian People of California. CRIHB does this by providing advocacy, shared resources, training and technical assistance that enhances the delivery of quality comprehensive health related services.

Omnibus Appropriations Bill Funds Construction for Southern California Indian Youth Treatment Center in Hemet

SACRAMENTO — After decades of tireless advocacy by California tribal leaders and organizations, including the California Rural Indian Health Board, Congress has funded the construction of the Southern California Youth Regional Treatment Center (YRTC) in Hemet, California. “This was mandated when Ronald Reagan was president, and we’ve been waiting all these years to get funding from the federal government to establish this place.” said Chairman Mark Romero of the Mesa Grande Band of Mission Indians.

The mission of YRTCs is “to provide quality holistic behavioral health care for American Indian/Alaskan Native adolescents and their families ... in a residential environment that integrates traditional healing, spiritual values, and cultural identification.” as defined by the Indian Health Service (IHS). In 1986, Congress authorized a YRTC to be built in each of the twelve IHS areas. To better meet the needs of tribal youth and families, the law was amended in 1992 to allow California two facilities, one in Northern California and the other in Southern California.

“The problem that we have is that when our youth need to go to a facility, we have to ship them out of state, to Arizona, Utah or Colorado, and it makes it hard for the families to visit,” said Chairman Romero, “It is our belief that family helps the healing process.”

According to CRIHB Chairwoman Michelle Hayward of the Redding Rancheria, California Tribes and CRIHB have been working aggressively for decades to get the funding for the YRTC’s. “We are the only IHS area out of the twelve that have not received funding to build a YRTC and to witness it come to fruition is amazing,” stated Chairwoman Hayward, “One of my elders, who sent letters of support told me about three years ago, I will not see the YRTC in my lifetime. Just recently I got to tell her the good news, and the look on her face was astonishing. I enthusiastically replied, it is allocated in this year’s IHS facilities budget and construction will start soon.”

Chairwoman Hayward continued “California Indians have been sending their youth out of state for a long time now and the California YRTCs will allow families to be part of the circle of healing. The years of hard work, sacrifice and persistence in DC from our tribal elders will finally pay off and the dream will now become a reality.” “We really have a lot at stake here,” said Chairman Anthony Pico of the Viejas Band of Kumeyaay Indians, “The continuation of our culture, of our people, of our land and really who we are as a people, if our youth are not able to carry on the traditions of our ancestors, the way we are,

doing the best that we can, we will then cease to exist as a people. Finally, almost thirty years after Congressional authorization, California is the last IHS region to receive a YRTC.”

The fight is not over for tribes in California on these two facilities. After the Southern California YRTC is constructed, more funding will be required for maintenance of the facility and staffing. For the Northern YRTC, CRIHB committed funding to legal fees required for feasibility determinations in the D-Q University land transfer. In July 2013, tribal leaders, including CRIHB Chairwoman Hayward, CRIHB Executive Director Mark LeBeau, and IHS Area Director Margo Kerrigan participated in a Land Dedication Ceremony at the university for the Northern YRTC.

More advocacy is required to secure appropriations to fund the design, construction, staffing and maintenance of the Northern YRTC. CRIHB, tribes, tribal organizations and other supporters of this issue will continue advocating for federal funding of the California YRTCs.



Tule River Indian Health Center Inc.

New Clinic Hours:

Saturday (medical only)
8:00am-2:00pm
Walk-ins 8:00am-12:00pm

Monday thru Friday
8:00 am-5:00pm
Closed Sundays

Church on the Hill

Services every Sunday/Sunday School 10 a.m.
Wednesday Evening Services 6:30 p.m.
Sunday School for all children and transportation available for everyone!
190 N. Reservation Rd.
Pastors: Roxanne and Nathan Burt
We take prayer requests 24 hours a day - you may call and leave a message at the church 788-2060 or 560-7671, or you may drop off your prayer request at the church in the prayer request mail box in front.
God Bless You All!

Tule River plants over 100 trees



After Rhoda Hunter said a prayer, Joey Garfield blessed the trees and the event.



Evristal Silas, Ziah Acosta, Vernon Vera and Joey Garfield sang blessing songs.

Over 100 trees were planted at three locations on the Reservation. 85 trees were planted at McCarthy Ranch, Valley and Live Oaks. 20 Blue Oaks and Redbuds were planted at the TRAP Lodge and 9 Redbuds at the Gym. TANF donated shovels, rakes and hand towels for the event.

Let it be known that when the trees that were planted are fully-grown, they will remove 53 tons of CO₂ and 1,250 pounds of pollutants from the Tule River air every year.

Funding for the program comes from the United States

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The day began with prayer from Rhoda Hunter and a blessing and songs from Joey Garfield. Nancy McDarment, Tribal Council Secretary, welcomed all. Vernon Vera, who spearheaded the Tule River project had some words of interest also. Darla Mills, CalFire, spoke as well. Arborist Tom Derr was on hand to instruct all on how to plant the trees.



Darla Mills, CalFire, Vernon Vera and Arborist Tom Derr. Mr. Derr gave instructions on planting.



TANF donated the shovels and Rakes for the project.

Tule River plants over 100 trees



Addie Duran and Savanah Farmer found treasures as they were planting.



New trees line the south side of the field at McCarthy Ranch.

Department of Agriculture's Forest Service Urban and Community Forestry Program and from CalFire. Invest from the Ground Up partners include the California Urban Forests Council, Western Chapter International Society of Arboriculture, California ReLeaf, Local Government Commission, Bay Area Urban Forests Ecosystem Council, San Joaquin Valley Urban Forests Council, and the Edwards Mother Earth Foundation. To learn more about this statewide campaign visit WWW.InvestFromTheGroundUP.org.



As you can see even Tribal Council lent a hand. Duane Garfield knows how to handle a rake.



Cathy Vera has a little help filling in the hole!



Nancy McDarment was in the trenches as well, here giving instructions on de-potting the tree!

They did it again!



Love was in the air, Curtis Murphy Gibson and Shelly Brown tied the knot again on Valentine's Day. It was a beautiful day the weather was like spring. Neil Peyron officiated over the proceeding where friends and family gathered at the Mater De la Rosa Chapel. It was a great way to spend Valentine's Day. Just ask Murph or Shelly!
Please join us in congratulating the newlyweds and we wish them a very long and loving life.

Good job Wi-Ness



Sean Good has been working with Ludrie Gonzales learning how to weave. Here he is working on a yarn belt and in front of him are several projects in the making, a cradleboard, and two baskets. Keep up the good work Mr. Good.
Ludrie holds basketweaving classes every Thursday at 1 p.m. in the Elder's Building.

Tule River Winners!



Michael Williams, Willie Garfield, Neil Peyron and Kevin Bonds all attended the 19th Annual Western Indian Gaming Conference last month held at the Morongo Casino, Resort & Spa. As you can see, it was not all work and no play as these four amigos came home with second place trophies from the Conference bowling tournament. Way to go guys, you make the Tule River proud!

What's happening at Eagle Feather Trading Post



Why is Pona Alviso so happy? I'll tell you why! She is the March 'Employee of the Month' at Eagle Feather Trading Post. That's why she's so happy!

Yes, Pona Alviso was named as the March 'Employee of the Month' at Eagle Feather Trading Post I. Pona has been employed by Eagle Feather Trading Post since July 29th and according to Store Manager, Jim Nordness, has learned the process very well. She is also very good at merchandising and always quick to help. "She is very good with the customers and they like her," he said. Pona is a born and raised Tule River Tribal Member growing up on the Reservation and the mother of four kids. So you can see she is a very busy person. She enjoys working at Eagle Feather with her fellow employees and loves the customers. "It's very interesting working here as you get to meet a lot of different people," she said when asked about the job. "I really like the people I work with too."



What else is new at the Trading Post? The Seneca Company is promoting the great 'Show Me the Money Giveaway' where some lucky person could take home \$15,000 out of a \$40,000 pot. So visit your local Eagle Feather Trading Post to be entered into the drawing. Entries must be submitted no later than March 21st. The drawing will take place March 28th.



There is also something else new at the store. A brand new shiny Starbucks coffee machine, Yes you can now get your favorite brew and gas too!

Come on down to the Eagle Feather Trading Post I and congratulate Pona on a job well done and at the same time you could win some money and get a great cup of coffee to boot!

Basketball champs honored

Last month the Tule River Recreation Department hosted their Youth Basketball Awards Banquet. Melanie Santos welcomed all for attending and thanked all the family and friends that had supported the players for the season. Rhonda Hunter blessed the event with the help of Koby Nieto and Jacqueline Martinez with prayer and song.



Coach Richard McDarment, Jr. introduced his k-Second grade co-ed team with vigor. He had something very encouraging and nice to say about each player as he presented them with medals and certificates of participation. Players on his team were Richard McDarment III, Tah-teanna O'Neal, Neh-Ehsh McDarment, Ryan Garfield, Pierceson Coyote, Theyhoo Manuel, Conway Mallory, Elogia Silvas and Adalene Duran.



Presenting the awards for the girls' third-fifth grade team was Coach Leo Acosta assisted by Coach Shawntaya Acosta. Coach Leo also had heartening pieces of information for each player. His players were Lexy Espinosa, Ell-Ow McDarment, Pearl Howard, Aaliyah Christie, Autumn Esquivel, Tenaya Murrietta, Assyria Murrietta, Beyance Klaroyk, Monyicia Mejia, Brianne Franco, Tionay Burrough, Jacqueline Martinez, Lily Garfield, Emily Franco, Aiyanna Guerra and Alysa Duran.



Coach Carlos DeSoto also had great things to say to his third-Fifth grade boys as Coach Brent Moody assisted him. This team consisted of Rozen Santos, Aarow Franco, Brian Gonzales, John Franco, Tomas Salas, Diego Dulay, Marcello Dabney, Charles Dabney III, Gregory Franco III, Giovanni Navarro and Augustine Duran. Augustine was given special testament as you may remember his season was cut short due to a very serious accident. It was very evident that his fellow players were glad to have him back. It should also be known that this team went undefeated all season.



Handing out the awards for the sixth-eight grade girls' team was Coach Jessica Gonzalez as Coach Melanie Santos gave out the complements. Ms. Santos said that the season started out trying at times, but the girls all came together in end. Teammates are Jasmin Teran, Jencelle Camarena, Josie Rios, Aiyana McDarment, Analiyah Vasquez, Aitana Vega, Brittany Hernandez, Raileena Brown, Franki Alviso, Libra Alvarado and Shy'La Franco.

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Basketball cont'd



Coach Victor "Redman" Silvas Jr. had nothing but great things to say about his sixth-eighth grade boys. This team went undefeated up until the last game they played. They are Terrence Perez, Derek Sanchez, Garrett Carothers, Edward Williams, Adrian Jasso, Ethan Standridge, Anthony Santos, Koby Nieto, Wyatt McDarment, Victor Silvas III, Keith Burrough, Aaron Chavez and Wes Franco.



Tule River Recreation Department also awarded basketballs to their 'Character Counts' awardees. Awarded the Citizenship award was Ryan Garfield Jr and Neh-Ehsh McDarment. The Caring Award went to Brianne Franco and Lily Garfield. Gregory Franco III and Charles Dabney III received the Fairness award. The Responsibility Awards went to Victor Silvas III, Wes Franco, Janelle Camarena and Brittany Hernandez.

The 'Character Counts' Award for Respect for Flag Football went to Aaron Chavez and Janelle Camarena was also awarded the Trustworthiness Award for Volleyball. The evening ended with a delicious meal catered by J&R Meats, all had their fill and went home happy and full. It was a pleasure to see so many young upstanding people involved in the Tule River Recreation Sports activities. Way to go Tule River.

Very Important Memorandum

To: All Tribal Members
From: Neil Peyron, Chairman
Subject: Horse Bounty
Dated: 2/27/2014



In a Tribal Council Meeting on Thursday, February 27, 2014, it was motioned by Kevin Bonds, Seconded by Kenneth McDarment and carried by a vote of 8-0-0 to place a \$100 bounty on all non-permitted horses that are in designated grazing areas. The Tule River Community is now being given notice regarding this matter. Victor Silvas Sr., Tribal Administrator will coordinate with Charles Lwenya, Director of Natural Resources, for the organization, holding and shipment of the horses off the Reservation.

Should you have any questions regarding this Memorandum please contact Tribal Administrator, Victor Silvas Sr. at 559-781-4271, ext. 1039.

Congratulations



**Congratulations to
Morris Hunter &
Michele McDarment
1st Place Winners**

**City of Porterville
Seniors/Non-Seniors Mixed Doubles
January 25, 2014
Final Score-1495**

Submitted by Rodnii Nieto

News of and for the Elders



Sharon James, new Director of the Department of Families and Social Services, introduced herself to the Elders.

The Elders had a very busy agenda last month at the regular monthly meeting.

Sharon James, the new Director of the Department of Families and Social Services, introduced herself to the Elders and wanted to make herself available to any needs the Elders may have. Ms. James comes to the Tule River from Wasco County in Nevada bringing with her knowledge of the Indian Family Law. Loleta Garfield welcomed Ms. James and offered her help if Ms. James ever needed assistance. Ms. Garfield was the previous Director and is now retired.

Also speaking to the Elders was Diana Wuerth and Susanne Johnson from the Department of the Interior. Both



Ray Flores and Freda Carothers celebrated birthdays in February.

ladies are with the Office of Special Trustee Operations. They are Fiduciary Trust Officers looking for people that have accounts and their whereabouts are unknown. There is over \$60 million in accounts for over 48,000 Indian beneficiaries who cannot be located. Ms. Wuerth provided a list with 59 names of Tule River Indians that have accounts. Please check the list on page 5 to see if you know the whereabouts of anyone on the list. If so, they may have money waiting for them. They should contact the Trust Beneficiary Call Center at 1-888-678-6836 or visit 222.doi.gov/ost/fto.

Jolene Castle also made a presentation on "Keeping your home & Tule River Reservation safe." She urged all to call DPS at 791-2123 with any suspicious activity and always if it is an emergency to call 911. She provided handouts with valuable information on home safety and also invited all to the Law Enforcement Meetings held every Monday at the Tribal Office.

Eagle Mountain Casino catered a very delicious chicken meal and of course, February Birthdays were celebrated with cake. The Elder Council gave all Elders gifts of Stafford's Famous Chocolates in honor of Valentine's Day.



The very next day Elders were treated to the bi-monthly Elder Breakfast at the Forest Buffet where all received gifts of soup cups for two. Breakfast was again mouth-watering and all had their fill. Nicola Larsen, Casino Manager, welcomed all in attendance and introduced, EMC Marketing Director, Matt Mingrone. Mr. Mingrone gave the rundown of all the exciting activities the Casino had going on. The Plinko Board is coming soon and there will be new slots on the casino floor. He also announced that Creedence Clearwater Revisited will be appearing at the EMC Event Tent on March 29th, on April 13th Bronco will light up the Event Tent stage and Los Tucanes on May 9th, so mark your calendars.

It was also reported that the Casino Gift Shop would be having a sale on March 20th.

The new 2014 Tule River Elders Council would like to invite all Tule River Elders to their next meeting on March 12th at 10 a.m. held at the Tribal Office in the Brafford Room. So come on out and enjoy.



Thoughts on respect



Just something, I'd like to share with the people. It is an Indian definition of respect.

Buzzy Bear

Respect

Respect means to feel or show honor or esteem for someone or something; to consider the well be-

ing of, or to treat someone or something with deference or courtesy. Showing respect is a basic law of life.

- Treat every person, from the tiniest child to the oldest Elder with respect at all times.
- Special respect should be given to Elders, parents, teachers and community leaders.
- No person should be made to feel put down by you; avoid hurting other's hearts as you avoid a deadly poison.
- Touch nothing that belongs to someone else (especially sacred objects) without permission, or an understanding between you.
- Respect the privacy of every person. Never intrude on a person's quiet moments or personal space.
- Never walk between people that are conversating.
- Never interrupt people who are conversing.
- Speak in a soft voice, especially when you are in the presence of Elders, strangers or others to whom special respect is due.
- Do not speak unless invited to do so at Gatherings where Elders are present (expect to ask what is expected of you, should you be in doubt).
- Never speak about others in a negative way, whether they are present or not.
- Treat the earth and all of her aspects as your mother. Show deep respect for the mineral world, the plant world and the animal world. Do nothing to pollute the air or the soil. If others destroy our mother, rise up

with wisdom to defend her.

- Show deep respect for beliefs and religions of others.
- Listen with courtesy to what others say, even if you feel that what they are saying is worthless. Listen with your heart.
- Respect the wisdom of the people in Council. Once you give an idea to a Council or a meeting, it no longer belongs to you. It belongs to the people. Respect demands that you listen intently to the ideas of others in Council and that you do not insist that your idea prevail. Indeed you should freely support the ideas of other if they are true and good, even if those ideas are quite different from the one you have contributed. The clash of ideas brings forth the spark of truth.
- Once a Council has decided something in unity, respect demands that no one speak secretly against what has been decided. If the Council has made an error, that error will become apparent to everyone in its own time.
- Be truthful at all times and under all conditions.
- Always treat your guests with honor and consideration. Give of your best food, your best blankets, the best part of your house and your best service to your guests.
- The hurt of one is the hurt of all; the honor of one is the honor of all.
- Receive strangers and outsiders with a loving heart and as members of the human family.
- All the races and tribes in the world are like the different colored flowers of one meadow. All are beautiful. As children of the Creator, they must all be respected.
- To serve others, to be of some use to family, community, nation or the world is one of the main purposes for which human beings have been created. Do not fill yourself with your own affairs and forget your most important task. True happiness comes only to those who dedicated their lives to the service of others.
- Observe moderation and balance in all things.
- Know those things that lead to your well-being and those things that lead to your destruction.
- Listen to and follow the guidance given to your heart. Expect guidance to come in many forms, in prayers, in dreams, in times of quiet solitude and in words and deeds of wise Elders and friends.

Conclusion

Gaining an understanding of respect is an eternal journey. As in all journeys, there must be time for activity, as well as rest. May the Great Spirit bless and guide your every step on this journey into an ever greater vision of beauty, truth, love, wisdom and justice and that you will join your brothers and sisters in search of a greater understanding of the Sacred Tree (Medicine Wheel). *Continued on page 17*

Character does count and here's why!

Last month the Tule River Education Department along with the Tule River Recreation Department hosted the first, of many we all hope, Pillars of Character, Character Counts Awards Banquet.

At the beginning of the school year both Departments implemented the 'Character Counts' program with the help of the Tulare Office of Education.

Jason Porter, Assistant Director of the Tule River Education Department, welcomed all and introduced Kelley Petty and John Forenti both from the Tulare Office of Education. Ms. Petty gave an overall of the program and complemented the staff from Education and Recreation for how well they have put into practice of the program in such a short amount of time. This summer 45 staff members participated a training session and Ms. Petty was very impressed with how successful the program is running.

Mr. Forenti complemented the parents of the 56 students that were honored that night. Saying that the children must first learn their 'Character Counts' skills at home.

The program works like this, first T.E.A.M. up for character:

T- Teach the difference between right and wrong.

E - Encourage the six Pillars of Character.

A - Advocate Character

M - good behavior

There are six pillars: Trustworthiness, Respect, Responsibility, Fairness, Caring and Citizenship. Children are encouraged to live the T.R.R.F.C.C. way and to strive to be the best they can be using the 'Golden Rule', do unto others, as you would have them do unto you! A very good philosophy to live by for children as well as adults, for if we all applied these traits to our lifestyle the world would be a much better place.

Children honored that night were:



Trustworthiness - Jenelle Camarena

Respect - Aaron Chavez



Responsibility - Mercedes Fox, Linda Lopez, Teela Hunter, Jade Perez, Franky Guerra, Gabriel Amaya, Marilyn Ruiz, Trinity Gibson, Natalie Bravo, Garrett Carothers, Joseph Eredia, Lorenzo Janoko, Victor Silvas III, Wes Franco, Jenelle Camarena and Britney Hernandez.



Fairness - Korin Morgan, Paradise Wheeler, Ruben Alcazar, Anneliz Ruiz, Teanna Ceballos, Lauren Garcia, Greg Franco and Charlie Dabney.

Continued on page 17



Character Counts con't



Caring - Anthony Calderon, Herminia Tovar, Tionay Burrough, Gabriel Amaya, Chad Baga, Ta-wun-nuhl Acosta, Jasmine Lenares, Onaya Rubio, Jazmyn Rodriguez, Janae Rodriguez, Eloena Rodriguez, Aaron Facio, Jessica Eredia, Brianne Franco and Lily Garfield.



Citizenship - Ryan Behill, Jayden Behill, Noressa Franco, Mariah Hernandez, Lily Garfield, Tyra Lopez, Anthony Santos, Isabel Burrough, Jenelle Camarena, Angela Eugene, Aislyn O'Neil, Wa-hessit Chumacero, Mya Martinez, Ryan Garfield and Neh-Ehsh McDarment.

The kids received medals, certificates with their pictures on them and t-shirts. Before the Awards Ceremony all were treated to a delicious Mexican feast from El Jacalito Taqueria.

All these children are growing up to be model citizens and will go far with the help of their parents and the Pillars of Character which are the Pillars to Success.

Letter page Cont'd

Internship opportunity

Dear Friends,

Internships are available in my Visalia and Washington, D.C., offices. If you know someone who is interested in politics and public affairs, wants to gain professional experience, and can excel in a fast-paced environment, please pass along this message.

Interns provide critical staff support and are often called on to work at public events, conduct research, and help with special projects. The application process is always open. For spring internships, candidates must submit their applications immediately; for summer internships, applications must be submitted by March 28, 2014. I accept both part-time and full-time applicants.

All interns must have a high school diploma. Additionally, they must be enrolled in or have recently graduated from an accredited college or university. Applications can be downloaded from my website at www.nunes.house.gov.

For answers to questions about my intern program, please call 559-733-3861.

*Sincerely,
Devin Nunes
Member of Congress*

More on 'Words of Wisdom'

A letter to the Editor

I'm with what Buzzy Bear had to say about Rocky Eagle Bear. I see what he is saying in his stories "Words of Wisdom." He talks about the Creator having to always punish something and that's why things are the way they are. I find his story of the Crow slightly racial and I don't think his stories are good for the kids either. He might mean well in his own way, but I feel his stories just don't fit this Newsletter.

Celestino Manuel

Letters to the Editor policy

This section of the Tule River Newsletter is to highlight letters addressed to the Newsletter. These can be letters to the Editor, Community requests or just what might be on your mind. All letters must be signed by the writer and will be printed with Tribal Council approval only. If you would like to submit a letter please feel free to bring your letter to Frances Hammond, Tribal Council Community Liaison at the Tribal Office, Monday through Friday from 8 a.m. to 5 p.m. or you may email Ms. Hammond at Frances.Hammond@tulerivertribe-nsn.gov. If you have any questions give her a call at 559-781-4271, ext. 1047.

Native Vets

The Native Veterans Post 1987 meeting last month began with the blessing of the new Staffs that were hand crafted by Bernard Baga and the new box created by Clay Garfield for carrying and storage. Joey Garfield preformed the blessing and sang a protection song for the veterans. Visiting that evening was Springville Post 9499's Edward Gallardo. He was inviting anyone who would like to accompany members from the Springville Post and the St. Ann's Knights of Columbus to visit WWII, Korean, Vietnam and Desert Storm Veterans at the VA Hospital in Fresno in honor of President's Day.

The Veterans are going to be busy as they are planning several upcoming events. The Post will post the Colors for the Tule River Health Fair in April, participate in the Springville Rodeo Parade, Post colors at the USDA Conference in San Diego in June and also in June at the Table Mountain Pow-Wow.



Joey Garfield blesses the new staffs and box.

sometime this month. There was a consensus that meetings would be held at the home of Stan Santos until the new Building is ready for use.

After adjournment, all dined on Mexican fare and enjoyed fellowshiping with friends.



Edward Gallardo, Springville VFW Post 9499, invited all to visit veterans at the VA Hospital in Fresno in honor of Presidents Day.

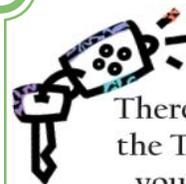
It was suggested by Commander Amy McDarment, that jackets with the Post logo be purchased for Patsy Silvas, Mary Kaulaity and Papu Manuel as they accompany their husbands to all the Veterans events showing their support.

Another item discussed was the cemeteries. The Veterans will be placing flagpoles and flags at all Veterans' gravesites that are still in need on the Reservation. Clay Garfield will gather quotes and ascertain who needs new poles and flags.

Also discussed were the plans for the new Veteran's Building, they were able to look the plans over and pick between two sets. It was decided the larger of the two buildings would be chosen. Ground is set to be broken



Warren Ensign and Clay Garfield display plans for the New Veteran's Building as Louie Espinoza looks on.



Lost Keys?

There are several sets of lost keys at the Tribal Office. If you are missing your keys and can describe them check with the front desk at the Tribal Office to claim your keys.





Tips for keeping your home & Tule River Reservation community safe

Police Officers and Community Members share these tips for a safer community:

1. Get to know your neighbors, especially those on either side of, directly in front of and directly behind your house. Report and encourage your neighbors to report suspicious activity. Don't make assumptions!
2. Make your home look lived in:
 - Use timers for lights, television and radio
 - Keep landscaping neat and tidy
 - Clean up trash and debris around your property
3. Light your porch at night and add motion-sensitive lighting around the house.
4. Lock the doors to your house and vehicles even when you are at home. Secure open windows and window locks to prevent access.
5. Draw your drapes, but leave a gap at night with interior light off. That way, you can peek outside without alerting a prowler.
6. Use gardening to increase safety:
 - Keep landscaping cut back from entrances and windows
 - Trim shrubbery bare below knee level so anybody hiding can be spotted
 - Plant thorny bushes near windows to discourage burglars
7. Don't leave valuable items unattended in your front yard or where they are easily seen. You may be enticing thieves to come back when you're not home.
8. These make good deterrents:
 - Alarms
 - Dogs
 - Motion sensor lighting, chimes/Virtual dog
 - Surveillance camera
 - Cans on a string strung together
9. Let your neighbors know if you have recently hired anyone or if there will be any new people at your home and what times of day those people will be there.
10. Call the Tule River Tribal Police to report suspicious activity or crimes. Dial 791-2123 to go straight to Dispatch.

Abandoned vehicles, trash and graffiti tell criminals that neighbors won't be calling the police. Do your part to keep your Reservation neighborhood attractive and clean!

Submitted by Jolene Castle



Native Family Education Gathering

Fri. April 11, 2014



Native Family Education Gathering @ Fresno State

- April 11, 2014 9:30am-4:00pm
- FSU Satellite Student Union BLDG
- Open to parents & youth 6th-12th grade
- Held at CSU Fresno Satellite Student Union
- Continental breakfast & lunch provided

Key-Note Speakers

- Traditional opening
- Welcome by FSU President Dr. Castro
- Mikela Jones, morning keynote
- Tom Phillips, afternoon keynote
- FSU First Nations & FCC NAISA Student Panel during lunch.

Workshops

- CSU Fresno Program Tours, morning and afternoon sessions.
- College Prep workshops, morning and afternoon.
- Cultural demonstrations
- Pow wow etiquette, afternoon only
- Pow wow set up, 4pm—5pm, optional.

Youth Grade 6-12th

Register Online (students and chaperones)

- <http://www.fresnostate.edu/studentaffairs/outreach/events/conferences.html>

CALL TO RESERVE YOUR SEATING

For More Info Contact

Owens Valley Career Development Center
168 N. Reservation Road
Porterville, Ca 93257
(559)782-8211 www.ovcdc.com

- Connie Becerra cbecerra@ovcdc.com

First Nations Pow-wow

Saturday, April 12, 2014

- Hosted by CSU-Fresno First Nations Club
- O'Neil Park (Fresno State Campus)
- Grand Entry at 12:00pm

For Pow-wow Info Contact

First Nations Club President
Andres Fierro (559) 347-1600
fierroone@mail.fresno.state.edu

**FRESNO STATE Title IV-E Child
Welfare Program**



Students honored at second quarter Incentive Luncheon.

Tule River Tribal Council hosted the Second Quarter Incentive Luncheon for the Title VII Native American Students Thursday, February 13 for 142 students from in and around Porterville area schools.

This quarter 142 students representing 14 schools qualified to attend. Because of the ever increasing number of students meeting the grade point standards, attendance and good behavior criteria the luncheon was held at the Porterville Veterans Memorial Building for all the students at one time instead of the usual three separate luncheons making picture taking impossible.

Staying in the Tule River tradition of honoring these students you will find your child's name in the following. Names with an * at the end also were honored for perfect attendance.

Pioneer Middle School honorees were: Daniel Acevedo*, Jazmin Aparicio, Aaron Chavez, Dana Dick, Kash Chico, Michiela Franco, Shy'la Franco, Wes Franco, Courtney Hendrix, Brittany Hernandez, Adrian Jasso, Michael Manuel*, Aiyana McDarment*, Wyatt McDarment, Breezy Ortega, Kea Ortiz, Isaac Patino, Terrence Perez, Elias Peyron, Michaela Peyron*, Quamren Quintero, Andrew Ramos*, Josie Rios*, Shelby Rubio, Tehya Thomas, Jesus Vale Herrera, Analiyah Vasquez and Isaiah Williams.

Porterville High School honorees were: Kayla Albright, Dezaray Alfaro*, Gabriela Alfaro, Cristal Aparicio*, Julie Aparicio, Raven Avila, Daniel Alviso, ShyOny Baga, Weliyah Baga, Kyle Barrios*, Rodney Barrios, Robert Becerra*, Michael Breedlove*, Isaac Camarena, Joseph Canizales, Sophia Carrillo, Felicia Celaya, Lee Cruz, Alicia Dabney, Daryn Dashner*, Claude Larry DeSoto*, Tatiana DeSoto*, Zandria Flores, Natasha Franco, John Galafate, Isaiah Gonzales, Christopher Guzman, Ashlyn Hernandez, Madison Hunter*, Danielle Jimenez, Robert Jimenez*, Rudy Jimenez*, Aaliyah Leyva, Jolene Leyva, Kayla Llamas, Celeste Lorta*, Julius Malone*, Warren Malone*, Paul Manuel*, Poyomi McDarment*, Dejah McDowell, Serena Montijo, Taylor Mueller, John Patino*, Jade Perez, Dorothy Peyron, Sabon Peyron, Lea Ramos*, Mathew Rios*, Joaquin Bear Santos, Shane Santos*, Cierra Savage, Izaac Fathal Tamngig, Kamilia Towns, Topanga Towns and Sophia Venegas.

Sequoia Middle School honorees were: Victoria Burrough, Justin Flores, Janessa Garay*, Gino Guillermo*, Rene Martinez, Lorrain McDarment and Lennadine McDarment.

Bartlett Middle School honorees were: Maricruz Franco, Laney Garcia, Adriana Hampton, Serena Leyva*, Brandon McDarment and Isis Perkett.

Citrus High School honorees: Falcon Atwell, Lillian Bel-

la and Andrew Jasso.

Summit Charter Academy honorees: Julia Hunter* and Jesenia Martinez.

Sky Hunter was the Prospect Education Center honoree and Haley McDarment the LB Hill Learning center honoree.

The Wilson Middle School honoree was Victor Silvas.

Please join the Tule River Tribal Council in congratulating all these fine young people and wishing them much more success in the years to come.

Granite High School honorees were: Andrew Alvarez*, Aaron Bernal, Elena Bracamontes, Jesus Bracamontes, Ronan Carabay, Patricia Rodarte Gibson, Brandon Martinez, Kaylee Murillo, Brittany Peyron* and Dexter Savage.

Monache High School honorees were: Greg Albright, Angel Andrade, Alicia Gahart*, Desirae Garay, Aaon Jeffers, Luis Martinez, Haylle Skiles*, Shine Nieto and Shea Perez.

Harmony Magnet Academy honorees were: Justyne Gurrola, Kandyce Gurrola, Justine Peyron and William Villegas.

Janeile Camarena* was the Rockford Elementary School honoree.

Burton Middle School honorees were: Emily Andrade, Antonio Andrade, Jennifer Barella*, Mychael Barella*, Tony Carlos, Clareisa Cruz, Abraham Gabinette, Ricky Kyle*, Kayla Luna, Jose Garcia Pena, Chloe Peyron, Johnny Ramos and Melony Trott*.

Tule River Youth



...a fun place to play and learn!

- Monday from 5:30-7pm
- Tuesdays from 3 to 5 pm
- Wednesdays from 5:30 to 7 pm
- Thursdays from 3 to 5:30 pm
- Fridays from 5 to 7 pm



Contact the Future Generations Department for more information @ 782-5554.

Tule River Study Center

Pillar of Character



It is a pleasure to nominate Jenelle Camarena for Citizenship for the TRISC Junior High for Character Counts for February. Jenelle is an excellent student at Rockford School and is maintaining an A average there. She is a role model for citizenship every day in our classroom at TRISC, and she has been an exemplary student at TRISC for five years. If some of our students get a little silly, she just keeps working quietly. She is friendly to everyone but doesn't participate in behavior that is a poor example for others. In mid-January, Jenelle won the Rockford School's Spelling Bee. She spent her time when homework was completed working on national spelling bee word lists. She is a serious student, a motivated seventh grader, and a true friend to her classmates. In addition to all this, Jenelle plays flute in the Rockford School Marching Band. Congratulations, Jenelle!

Mrs. Franks and Dr. C

Isabel Burrough is a third grader in Mr. Innis' class at Westfield Elementary School. Isabel is a role-model student and gets along well with everyone here at the Study Center. She seems to have a larger homework load than the other students, but completes and corrects it without any complaints. Isabel loves to help other students with their homework and loves to read. She is the first to help clean up within the classroom without having to be asked. Isabel is very respectful of others and well liked by all.

Ms. Karri Carrillo



I am pleased to select Angela Eugene to receive the Character Counts Award for Citizenship! Angela just recently ran for Study Center Student Council. She was elected to the Secretary position. Angela has taken great responsibility getting involved in Student Council. She is doing her part to better the Study Center for all students. Also, Angela sets a good example for others by following our classroom rules. She is in sixth grade at Vandalia Elementary.

Mrs. Adams

To talk about a student who has a great work ethic, who works well with her fellow classmates, and who possesses the traits of honesty, integrity, and kindness; you are undoubtedly discussing Miss Aislyn O'Neil. William R. Buckley first grader, Miss O'Neil is a student whom all teachers desire to have, and whom all students wish to emulate. Miss O'Neil takes an active role in the classroom where she often doubles as classroom monitor and volunteer teacher's assistant. When it comes to important information, turn to Aislyn. An excellent listener, Miss O'Neil soaks up information and has it ready to share with those in need of it. Keeping her classmates in check, Miss O'Neil kindly reminds tablemates to clean their areas, pack away homework, and push in chairs. And when a classmates inevitably does forget their homework, Aislyn is there asking to deliver the forgotten item. Miss O'Neil goes beyond doing her share, often taking it upon herself to complete tasks left undone by classmates and friends alike. She is a joy to work with and I am thankful to have the privilege of knowing such an outstanding citizen.

Ms. Victoria



Tule River Study Center
Pillar of Character



I would like to recognize Mya Martinez, for the citizenship award. She is a very pleasant little girl, with a great attitude. Mya is very helpful in looking after her fellow classmates and making sure, they are all together before we leave the school. She is concerned, if they are not in their designated location, she knows all their class-rooms, so if they are not all together, or absent, she knows just where to look. She is very helpful and also funny and kind, and a joy to know.....

Wa-Hessit Chumacero is a representative of the Character Counts pillar of Citizenship. He is a very good example of cooperating, obeying the laws and rules, respecting authority, volunteering to help, and being a good neighbor in our classroom. Wa-Hessit regularly picks up things that people have dropped and helps to clean up. He speaks politely to both adults and students and is pleasant and friendly to everyone. He has been practicing good handwriting and when I remind him to take his time and make good numbers and letters he responds good-naturedly, usually saying, "I can do better than that!" Wa-Hessit is delight to have in our classroom!



C. Nebeker



**Cultural
Awareness**



Social Dancing (Team, Round, 2-Step, Potatoe Dance)

Food Provided

Boys & Girls Incentive Raffle at 7:25pm

It's Community Pow-Wow / Family Time

At the Tule Gym

Friday's starting February 21 st through March 28th

5:00-7:30pm

Practice Drumming, Dancing, Singing & Native Crafts

FOR PARTICIPANTS ONLY!

(Must be signed in and participating in Activity in order to win!)

Contact Tule River Recreation/ Cultural Department Team Leader Darrell W. Garcia for more information 559.784.5554 Ext. 2100

Young Girls Class

*Independence, Wellness, Motivation,
Tradition*



Please come join us!

Every Monday from
4:00 pm to 5:30 pm
in the Conference Room of the Tule River Gym
Ages: 8 to 13

Contact the Future Generations Department
for more information @ 782-5554.



Tule River
Towanits Education Center
Pillar of Character



This month's Pillar of Character for the month of February is Citizenship. For the 5th grade, Ed Center Class Mr. Ryan Behill is our Character of the Month. Citizenship is somewhat of a difficult concept to explain to a student. The dictionary would define it as "the state of being vested in with the rights, privileges, and duties of a citizen." Which essentially means doing your share to making your community better and Ryan is the perfect quintessence of just that. While in class he is extremely cooperative, is a perfect neighbor and respects his teachers and the staff. He has the makings of a wonderful friend and a great leader.

Miss. Angelina

This month's Pillar of Character for the month of February is Citizenship. For the kindergarten class we have selected young Tyra Lopez. Tyra is all business when it comes to completing her homework. She does not need any prompting or have to be told to complete things independently, should she get stuck on a problem she isn't afraid to ask for help on a problem and she is very helpful in the classroom. The world would be a piece of cake if all students were like Tyra.

Miss. Angelina



This month for character counts the High School teachers Mr. Casillas and Ms. Marie were excited to choose Jayden Behill for Citizenship. Jayden is just one of those students who is always cordial, friendly, respectful to us and his peers. The citizenship characteristics he exemplifies are respecting authority, staying informed, cooperating with others, he obeys the rules of the Education Center and he gets involved with community events. He does of course have a sense of humor and it is always in good taste. He recently found someone's ipod in the Library and returned it to the Librarian. I believe these characteristics are inherent in Jayden and he will grow up to be a great citizen to this community to add to what he already is.

Mr. C and Ms. M

Our Citizenship character counts student is Mariah Hernandez. She is a first grade student at Vandalia Elementary. Mariah cooperates in the classroom and obeys the rules. She respects the authority of Mr. C and I as her Teacher's. We appreciate how she protects the environment with recycling and throwing away trash around our Education Center. Mariah is a good neighbor in our classroom with her classmate, she is always respectful of them and has good manners. Thank you, Mariah, for showing how you are a good citizen in your everyday life!

Mrs. Price & Mr. C





Tule River
Towanits Education Center
Pillar of Character



I would like to nominate Anthony Santos for the Character of Citizenship. Anthony obeys all the playground and outside rules. He shows great signs of good character by respecting authority. Anthony leads by example by showing other how to follow the rules.

Alfonso Noriega

I have chosen Norissa Franco to represent my class for her character of citizenship. Norissa Franco is a second grader at Citrus South Tule Elementary School and an integral part of my classroom at Towanits Indian Education Center. She is always respectful to all of her peers and every adult she speaks to. She volunteers to help others with their homework or reading nearly every day. Although she might be quicker to understand things a lot of times, she never talks down to her classmates. Norissa is competitive and really likes to win, but is a good sport whether she does or not. Any group that Norissa is a part of is lucky to have her, she is sure to do her part exquisitely and encourage everyone else to do so as well. Norissa is a natural leader and will certainly become an important part of the community, as she gets older.

Mr. South and Miss Amber



When the word citizenship comes to mind, there is one student that stands out, Lily Garfield. Lily is a 4th grade student at Vandalia Elementary. Lily never complains, talks back or is disrespectful. She is a great student to have, she is a great classroom helper. Lily is cooperative, is involved with her community, is a good friend, obeys rules, respects others, all which are traits of a person with good citizenship. I enjoy having Lily in my classroom, this a well-deserved award for her. Keep up the great work Lily.

Mr. Jara

Citrus South Tule honors students



Some things never change! Laura Williams and Chad Baga are using a 'Cootie Catcher'. I did this over 50 years ago in school!

At the First Friday BBQ of the New Year, family, friends and students gathered at Citrus South Tule School to recognize students that have achieved great honors this year. Each year children are nominated to Tulare County's 'Character Counts' campaign and Citrus South Tule had five outstanding students achieve these awards.

Mrs. Little announced that in her class three students were honored with these prestigious awards, sixth grader, Gabriella Poindexter for 'Responsibility', fifth grader, Ell-Ow McDarment for 'Trustworthiness' and fourth grader, Richard Tapia for 'Fairness'.

Mrs. Little also honored Teela Hunter choosing her as the 'Student of the Month'. She also honored Bryce Martinez as her choice for the 'Kids of Character' award for 'Responsibility'. Nah-Kyha Yocum was Mrs. Little's Teacher's Choice.

Second grader, Norissa Franco was awarded the County's 'Character Counts' honor for 'Responsibility' in Mrs.



Gabriella Poindexter and Teela Hunter give a helping hand at the BBQ.



Ell-Ow McDarment and Gabriella Poindexter receive Tulare County 'Character Counts' awards.



'Character Counts' awards also went to Norissa Franco and Cyris Guerrero.



Mercedes Fox also received a 'Character Counts Award.

Loehner's class. She also gave third grader, Cyris Guerrero the 'Character Counts' award for 'Respect'. Second grader, Charlie Guerrero Mrs. Loehner's 'Teacher's Choice' receiver for, "Always getting his work done." Her 'Kids of Character' award for Responsibility went to Norissa Franco.

Mercedes Fox, a kindergartner, received the 'Character

Continued on page 27

More Citrus South Tule honorees



Teacher's Choice, Nah-Kyha Yocum, Kid of Character, Bryce Martinez and Student of the Month Teela Hunter.



Gabriella Poindexter introduces New District Superintendent Dave Hutchenson.



Teacher's Choice, Charlie Guerrero and Kid of Character, Norissa Franco.

Counts' award for 'Responsibility' from Mrs. Brisco. Mrs. Brisco also awarded kindergartner, Bella Salata the 'Kids of Character' award for 'Responsibility and her 'Teacher's Choice' award went to Ava Moisa also a kindergartner.

Denise Young, school Executive Secretary, handed out certificates and pencils for students achieving perfect attendance for the months of December and January.

Students who achieved perfect attendance in December were Mercedes Fox, Bella Salata, Alec Bays and Rehan Garduno, all in Mr. Brisco's class. Those with December perfect attendance in Mrs. Loehner's class were Norissa Franco, Neh-ehsh McDarment, Moi-Yukh Rubio, Laura Varela, Alina Robles and Gloria Varela. Ell-Ow McDarment, Trystan DeSoto, Gabriella Poindexter and Laura Williams all had perfect attendance for December in Mrs. Little's class.

January perfect attendance awardees in Mr. Brisco's class were Bella Salata and Marcus Franco. Norissa Franco, Charlie Guerrero, Moi-Yukh Rubio, Cyris Guerrero and Alina Robles all in Mr. Loehner's class had January perfect attendance. Mrs. Little's class saw Bryce Martinez, Richard Tapia, Ell-Ow McDarment, Trystan DeSoto, Teela Hunter and Laura Williams all achieving January perfect attendance.

There is new news from Citrus South Tule as Student Body President Gabriella Poindexter introduced the new District Superintendent, Dave Hutchenson, who has filled the vacancy left by the retirement of Norman Brown.

All dined on a delicious BBQ and the kids held a bake sale to earn money for field trips and school events.



Kid of Character Bella Salata and Teacher's Choice, Ava Moisa.

Words of Wisdom

Rocky “Eaglebear” Vela (Mono/Yokuts), a prisoner at Kern Valley State Prison, has more 'Words of Wisdom' for you.

He Yuk, Well, here I am again with another story so you all can enjoy. It's about T-ood/rattlesnake right there at Rocky Hill, in the home land. Just thought one you can all relate too. So you all have a good one up there. May The Creator watch over you always. See ya! Ayee...

*All My Relations
David Eaglebear Vela*

The girl who married rattlesnake

At a place, called Rocky Hill there was a large rock with a hole in it and many rattlesnakes lived inside this hole. Nearby at the Tule River there was a village with clover just right to eat, this girl went out to gather some. While she was working, she was watched by a rattlesnake.

The snake followed her back to the village and close to her house; he transformed himself into a handsome young man with a net on his head and fine beads around his neck. Then he climbed up onto the top of the house and came down the center pole. The family was surprised to see him, but he told the girl that he wanted to marry her. He remained with the family overnight and the following morning went home again. He arrived and left like this for four days; then on the fifth evening, he came back, but this time did not change his form. He simply slithered into the house and began conversing just as before. The girl's mother, waiting for her daughter's suitor, said she heard someone talking in the house. She took a light and looked in the place where she heard the sound and there was the Rattlesnake. He shook his snakehead and she dropped the light and ran in terror.

On the following morning, Rattlesnake took the girl home with him and there she remained. In time, she bore him four boys. Whenever these children saw any people from the village they would coil to strike, but their mother would say, “No, you mustn't bite your relatives,” and the children would obey her.

As the four rattlesnake boys grew older, they also grew more curious and one day they came in from playing and asked their mother, “Why don't you talk the way we do? Why are you different?”

“I'm not a rattlesnake, like you and your father,” she replied. “I'm a human being.”

“Aren't you afraid of our father?” Asked the boys and she shook her head.

Then the oldest said that he had heard the other rattle-



snakes discussing her differences and deciding to crawl over her to find out what kind of creature she was. While this might have alarmed another human, the Rattlesnake's wife was not at all afraid. When the rattlesnakes came, she calmly let them crawl over her.

Then she said to her oldest boy, “It's impossible for you to become a human being and though I'm not really human any longer, I must go back to my parents and tell them what has happened.”

And so, she returned to the house with the center pole and said to her parents, “This is the last time that I will be able to talk to you and the last time that you can talk with me.” Her father and mother were sad, but they said nothing until the daughter started to leave. Then her mother ran and caught her by the door, brought her back into the house and wept over her because she was so changed. But the girl shook her body and suddenly she was gone. No one knew how or where she went, but they think she returned to Rattlesnake's house and has lived there ever since. Ayee...

A walk down memory lane!

Here are a series of pictures taken in 1970 or so. Does anyone know what was happening here? Does anyone know where these pictures were taken? Can anyone name any of the people in the pictures? Might be fun to check out the cars. If you can answer any of these questions, please give Frances Hammond a call at 559-781-4271, ext. 1047.



If you give it a guess, your name will appear here next month in the Tule River Newsletter.

A little history

Buffalo and Willowlet ©

A story by Lawrence Garfield written by his wife Andy Garfield

One day I was hanging out with Johnny Eugene. We heard that his father Wilber was going to perform a medicine man ritual on Willowlet.

Wilber, also known as Buffalo was a real old time medicine man.

He came to our reservation from the Clear Lake area in Northern California. Everyone called him Buffalo because he seemed to have no neck, which made his head look larger, add to the picture that he had very narrow hips and very broad muscular shoulders that actually hid his neck.

Most everyone on the Reservation had nicknames usually connected to the way they looked or something they were known for doing. Nicknames were not meant to hurt anyone's feeling. No one ever thought of it that way.

Willowlet was very old, as you know. One day one of her shoulders began to ache. So, she went to see Wilbur Eugene a medicine man for help.

I was lucky to be there at that particular time. I was also lucky that Johnny Eugene was my playmate and that his father was Wilbur Eugene. I told Johnny Eugene to ask if we could watch Wilbur heal Willowlet. Johnny wanted to watch too.

At first, Wilbur said no to all our requests. He sternly told us that this is serious business. Years later, I wondered if he felt that we might laugh and made a little fun of it all. We were, however serious too. Our age group was born on the edge of the old people's ways. Rituals, language and customs of the old people were forbidden by the U.S. Government, forbidden, yet we felt it was still with us. Johnny and I wanted very much to be included.

After several requests and pleading eyes that silently spoke of our sincerity, Wilbur must have felt assured. He gave into us.

This all took place at Sam and Maria's home, in their kitchen area. I say kitchen area because most of the hous-

es were not much more than one big room. There was a space to cook, eat and sit and a space to sleep. Some people put a wall to divide the areas but some did not.

As far as I can remember, no one else was allowed to watch but Johnny and me.

Willowlet sat on a kitchen chair near the table. Her sore shoulder was bare. The rest of her body was covered with a blanket. She sat there very peaceful knowing she'd soon be well.

Wilbur was dressed in his regular cloths of blue denim pants and an old blue work shirt.

First Wilbur prepared his pipe. Not a real old native pipe, but one that he acquired like white men used. It sort of curved down then up with a large bowl for tobacco. The tobacco he used was store bought. Then he took out of his things a package. He laid the package on the table where he unwrapped it. When the wrapping was off we saw a beautiful hand-crafted amulet of bird feathers. These feathers were all about the same size - about 1 ½ to 2 inches wide and about seven or eight inches long. They were grey colored



with a pinkish tint. Somehow, they were hand stitched on a piece of soft leather. The tops and bottoms of the feathers were clipped off giving them a pattern of evenness in width and length.

When everything was ready, Wilbur sat down beside Willowlet. He began puffing on his make shift pipe, deep long puffs. Smoke began to fill the room. He'd wave his hands through the smoke as if he was brushing it away or making is more even. Sometimes he'd stand up walking a little around Willowlet. During all this we could hear him chanting words softly and lowly. Then reaching out he'd touch her gently on the head and wave the smoking pipe. It was hard to tell when one thing would began and another would end. It was a continual blend of smoke, gestures and soft low sounding songs, sang in our own language. It was fascinating. It grabbed our hearts and souls.

About thirty minutes later Wilbur stood up raised his hands to the Spirit world and spoke a few words or maybe just a word.

Continued on page 31

WANTED

**Pictures for the 'Guess Who' game.
Bring your pictures by the Tribal Office
To Frances Hammond, Community Liaison
To have scanned or email them to:
Frances.Hammond@tulerivertribe-nsn.gov
Information give her a call at 781-4271 ext. 1047**

Buffalo and Willowlet cont'd

He sat down again beside Willowlet. Leaning over a little he began to suck on Willowlet's shoulder, then he'd spit. He did this several times. When he was finished, he carefully wiped all his saliva off her shoulder.

When it was over Willowlet said, her shoulder didn't hurt anymore. Willowlet put her dress back on then the two of them stood up. We watched as they slowly walked across the room to the door speaking softly to each other in their native language.

Johnny and I were amazed at the wonder of it all. As years went by we often talked quietly and secretly about it. Never sharing what we had seen. No one told us to keep it secret. We seemed to feel we should. Never did we forget how lucky we were to see a real medicine man at work.

We wanted to make a beautiful amulet of our own. Looking back on it now, I have to smile. We were as serious as any two kids could have been. We had no guns, No bows, no arrows. Nor did we have practical knowledge in trapping birds; nor what kind of birds we were pursuing. All we had were homemade slingshots. All slings were homemade back then. They were made from a forked branch of a tree or bush and strips of rubber cut of old inner tubes.



For a while, we hunted with determination. Shooting small rocks at every bird and hitting none. Before long, we lost interest or maybe just gave up. That's how it is to be young. Practical every day things take the place of dreams.

They are all gone now, these old people, never to speak again. Now I'm old, a grandfather looking Back on cherished memories of our old people which I hope to share with you.



This photo has generated a lot of talk. Leonard Manuel Sr. thinks this may be his mother and father when they were very young. That would be Maude and Albert Manuel.

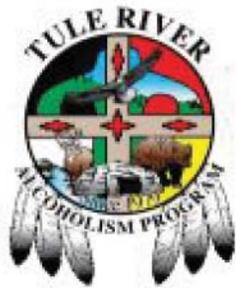
They are!



Glorianna Montijo submitted this picture of her grandfather Bernardo Franco and Agnes Vera. Lawrence Garfield knew Agnes Garfield Vera right off the bat. "She was a jitterbug dancer the best I have ever seen," He said. He had a little trouble with the man. He thought it might be Ben Franco, "but he didn't have hair like that." He was right it is Bernardo Franco wearing a wig! "I know what's under the wig!" Lawrence said. Danny Franco also knew his dad! He knew Agnes also.



No one tried to guess this one. These cute kids are Barbara, Vincent, and Eleanor Anderson. The picture was taken in 1965. We thank Polly Orosco for sharing this photo.



Tule River Alcoholism Program
1012 North Reservation Road
PO Box 589
Porterville, California 93257
Office 559-781-8797 * Fax 559-781-6229



Study Suggests that Teens Who Consume Energy Drinks May Be More Likely to Use Alcohol and Drugs

A new study suggests teens who consume high-caffeine energy drinks such as Monster or Red Bull may be more likely to use alcohol, drugs or cigarettes.

The study included almost 22,000 students in grades 8, 10 and 12, HealthDay reports. The researchers found 30 percent said they drank high-caffeine energy drinks or shots, while more than 40 percent drank regular soft drinks daily, and 20 percent drank diet soda daily. Teens who consumed energy drinks were two to three times more likely to admit recently using drugs, alcohol or cigarettes, compared with teens who didn't consume energy drinks.

Eighth graders were more likely than older students to use energy drinks. Boys, teens without two parents at home, and those whose parents had lower education levels, were also more likely to consume the drinks. Drinking sodas was related to substance use, but the association was much weaker compared with energy drink consumption.

"The current study indicates that adolescent consumption of energy drinks/shots is widespread and that energy drink users also report heightened risk for substance use," the University of Michigan's researchers wrote in the *Journal of Addiction Medicine*.

The researchers note teens who are risk-taking may be more attracted to both energy drinks and to other substances.

TULE RIVER TRIBE EASTER EXTRAVAGANZA

WELCOMES TULE RIVER TRIBE COMMUNITY FAMILIES
TO JOIN US AT THIS FUN CARNIVAL EVENT...

SATURDAY-APRIL 12, 2014

12:00PM-5:00PM

MCCARTHY RANCH

32657 Reservation Road, Porterville

- **BOUNCE HOUSES**
- **MECHANICAL BULL**
- **ROCK CLIMBING**
- **CLOWN-BALLOON ANIMALS**
- **FACE PAINTING**
- **MEET THE EASTER BUNNY**
- **GAME BOOTHS**
- **FOOD BOOTHS**



**FIRST 200 KIDS 12 & UP WILL RECEIVE \$5
IN VOUCHERS TOWARDS FOOD AND GAME
BOOTHS.**

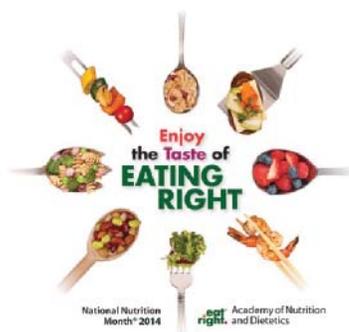
**FIRST 150 KIDS 12 & UNDER WILL RECEIVE
AN EASTER BASKET.**

**ADMISSION TICKETS WILL BE AVAILABLE ON THE
1ST WEEK OF APRIL @ TRIBAL OFFICE FRONT DESK**



**LIMITED BOOTHS
AVAILABLE-FOR MORE
INFORMATION CALL
THOMAS EUGENE
(559) 781-3292 OR
WILLIAM GARFIELD
(559) 359-7624**

March ~ National Nutrition Month



This year the National Nutrition Month® theme is "Enjoy the Taste of Eating Right." The theme is to encourage personalized healthy eating styles* and recognizes that food preferences, lifestyle, cultural and ethnic traditions and health concerns all impact

individual food choices. Registered dietitians play a critical role in helping people eat right, their way, every day.

The National Nutrition Month® was started back in 1973 as a way to help Americans of all ages focus their attention on nutrition. Almost 40 years ago, the American Dietetics Association realized that with continued modernization and a busier lifestyle, we would need some reminders and eating healthy tips. With work, school, kids and home responsibilities, parents are really juggling a lot.

We all know that a healthy lifestyle is so important for all of us and especially children. The real question is how we can help you incorporate some simple changes that are doable, reasonable and can fit into your busy schedules. The goal of National Nutrition Month® is to help you focus on a healthier lifestyle. With that said here are three simple steps to success to help you and your family live that healthier lifestyle.

1. Turn Mealtime into Family time: Having mealtime, as a family is probably one of the easiest and most important activities you can do to promote healthy eating. Surprised? It sounds too easy, but honestly, sometimes the simplest things turn out to be the most important. Kids are little sponges and they are learning and forming their nutrition habits throughout the



day. During mealtime kids learn about foods and their parent's food preferences. Children are starting to form lifelong associations with food (positive or negative) and their own food choices (what they "like" and what they "don't like"). You might want to read some easy tips and guideline to help you turn mealtime into fun family time. With set meal times and a fun family experience, kids will look forward to eating together as a family while learning about healthy eating.

2. Teach Portion control to Children: Helping kids learn proper serving amounts is a key component to healthy eating. One of our biggest challenges as Americans is that we like big portions. But, one of the nice benefits of eating at home is you can always have seconds if you are still hungry. That is what we want to teach kids, to start with smaller servings.



How can you teach your child what a healthy portion is without the added fuss of measuring? Don't worry. Read some simple tricks you can use to help the whole family control their portions. If your child eats a balanced food with some foods from all the food groups, portion sizes

will naturally be more sensible.

3. Be Active as a Family: This is something you may have read many times but it is so valuable that it has to be in the top three for Nutrition Month! Just like you can make some time to eat together as a family, you can create time to be active as a family. The key to success is finding activities that are fun. When kids are having fun, time passes easily and they learn to love being active.

Placing a little focus on nutrition and healthy living doesn't have to be a complete overhaul of your daily habits. Think simple and doable. Working together, as a family to implement these three changes can be a wonderful bonding experience and form memories that kids will fondly remember for the rest of their lives.



Have a Happy and Healthy Nutrition Month!



Eat Right **Food, Nutrition and Health Tips from the Academy of Nutrition and Dietetics**

Color Your Plate with Salad

Pack more nutrition into your day with a colorful main dish or side salad. Keep basic ingredients on hand for a quick addition to any meal.

Encourage kids to eat more vegetables by setting out ingredients to make their own salad creations. Or, let them choose individual items with salad dressing as a dip.

Mix and match ingredients by choosing one or more foods from each column below. Consider flavor, texture and color. Add a light salad dressing and enjoy!

Start with Leafy Greens

- Arugula
- Boston or Bibb lettuce
- Escarole
- Green or Red leaf lettuce
- Iceberg lettuce
- Mixed greens
- Napa Cabbage
- Radicchio
- Romaine
- Spinach

Select from Vegetables, Fruits and Beans *(Chopped, diced, shredded, sliced or whole)*

Vegetables

- Artichoke hearts
- Bean sprouts
- Beets
- Bell pepper
- Bok Choy
- Broccoli or cauliflower
- Carrots
- Celery
- Corn
- Cucumbers
- Onion (red or sweet)
- Peas
- Radishes
- Sugar Snap Peas
- Tomatoes
- Water chestnuts
- Zucchini

Fruits

- Dried cranberries or cherries
- Apple
- Blueberries
- Grapes
- Mandarin oranges
- Melon
- Pear
- Raisins
- Strawberries

Beans

- Black beans
- Chickpeas
- Edamame (soybeans)
- Kidney or red beans
- Navy or white beans

Sprinkle on Extras

Cheese

- Blue cheese
- Cheddar
- Feta
- Mozzarella
- Parmesan

Nuts

- Almonds
- Cashews
- Peanuts
- Pecans
- Walnuts

Other

- Avocado
- Bacon bits
- Chow mein noodles
- Croutons
- Olives
- Sunflower seeds



For a Main Dish Salad

- Beef
- Chicken
- Ham
- Hard-cooked egg
- Salmon
- Shrimp
- Tofu
- Tuna
- Turkey

Suggested combinations:

- Romaine, grape tomatoes, cucumber, carrots, avocado and shrimp
- Mixed greens, chicken strips, melon, walnuts and feta cheese
- Spinach, red onion, mandarin oranges and sliced almonds

Find more healthy eating tips at:

www.eatright.org/nutritiontipsheetswww.kidseatright.org.

Youth Athletics, Sports Strength, Conditioning and Boxing Fitness

Tule River DM Program Personal Trainer/ Instructor Aaron Alafa will be hosting health strength and boxing fitness for the Tule River Reservation. Tribal members, descendants and community youth members **only**.

Mission: Built for Life developed this training program specifically for TRIHC for the purpose of assisting the development of the Tribal Youth who need help with personal training, improving strength and conditioning for school athletics, improving confidence and reinforcing short term goals.

- 10-17 1/2 years old
- Transportation for youth provided by Tule Recreation Staff
- First 11 sign-ups guaranteed spot
- Every Friday leave Tule Gym at 5pm
- Return: 7:30pm
- Sign-up by: February 14th

Location:
304 Sequoia Circle,
Porterville,
Behind Napa Auto Parts



Feel free to contact the Tule River Recreation Department's Team Leader Brent Moody for any questions 559.782.5554 Ext. 2100

TULE RIVER ROADRUNNERS

100 MILE CLUB SIGN UPS
February 14, 2014



We will start with a walk around the loop in conjunction with the Healthy Heart Walk on February 14, 2014 @ 10:00 AM. Participants then walk or jog on their own and report progress every Friday.

Anyone with a medical condition **MUST** provide a medical clearance from their provider.



Mixed Martial Arts

A Few Benefits for Your Child and You

- Increased self-confidence & respect
- Better coordination, balance and agility
- The ability to protect yourself from enemies within and without
- Strengthen your mind, your heart and your body.

Our Goal: Develop strong healthy helpers who have an excellent character and who are in excellent physical condition. Perform combative combinations with hands and feet.

Offering:

- ITF Tae Kwon Do
 - UKIDOKAN Kickboxing
- Contact and Non-contact training available

When: Mondays

- Youth: 6pm-7pm
- Adults: 7pm-8pm

Where: Tule River Recreation Department
CULTURAL ROOM



Learn the ways to preserve rather than destroy...

Feel free to contact the Tule River Recreation Department's Team Leader Darrell W. Garcia for any questions 559.782.5554 Ext. 2100.

Tule River Tribal or Community Members Join us for a walk with a Doc

When: 4th Saturday of every month

- Prior to walk get ticket from Shawntaya
- Transportation not provided

Registration: 8am & Walk 8:30am. Get your ticket signed by Dr. Pandya. *Water & Snack Provided

Location: Porterville Veteran's Park Pavilion at Henderson and Newcomb.

Walk and Talk with Dr. Pandya, Bring a Friend

Bring signed ticket back to Tule Gym for Incentive Gift.



walk with a DOC

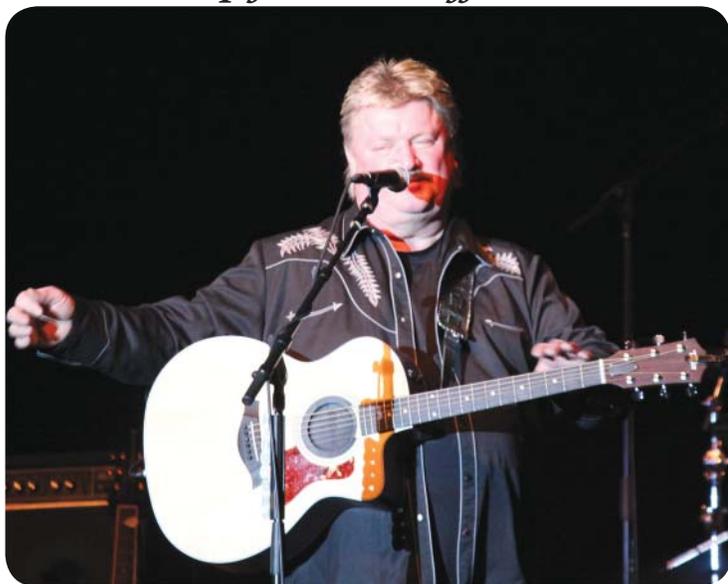
Walking for as little as 30 minutes a day can reduce your risk of coronary heart disease, improve your blood pressure and blood sugar levels, elevate your mood, and reduce your risk of osteoporosis, cancer and diabetes.

Join us at the next WALK WITH A DOC event to take a step toward healthier you! All you need to do is lace up a pair of comfortable shoes and join us for some fresh air, fun and fitness.

Next Walks: Feb. 22nd, March 22nd & April 26th

Feel free to contact the Tule River Recreation Department's Team Leader Shawntaya Acosta for any questions. 559.782.5554 Ext. 2100. *Incentives for Tule River Tribal & Community Members only

The Gatlins brought the house down with a little help from Joe Diffie at EMC



Country great, Joe Diffie, opened for country legends Larry Gatlin & the Gatlin Brothers.

Country great Joe Diffie opened for Larry Gatlin & the Gatlin Brothers last week at the EMC Event Tent.

He really warmed up the audience. He came out like gangbusters with his hit 'Third Rock from the Sun' to pep us all up and went into a tribute song for the Ladies, 'So help Me Girl.' Not to leave the men out he sang 'Pickup Man' just for them. Diffie was in tune with his country

voice and gave concert goers what they all wanted, lots of country. He was lively even giving us a somewhat life like impersonation of Willie Nelson and set us all up for more country leaving us with 'Prop Me up Beside the Jukebox If I die.'

Primed and ready for more, Larry Gatlin & the Gatlin Brothers entered the stage to thunderous hoots and hollers. Starting the show with the 'Star Spangled Banner' and giving tribute to our men in the armed forces and our veterans.

Starting his song list with 'Huston' and continuing through many of his greatest hits, the brothers still have that beautiful harmony they are known for and Larry still can hit those melodious high notes with no trouble at all. They also offered up some fairly new stuff like 'If I ever see Utah Again' that Larry co-wrote with Roger Miller and a tribute song to Johnny Cash, 'Johnny Cash is Dead and his House Burnt Down.' He tried to close with 'all the Gold in California' and 'Help Me,' but his fans demanded an encore and he gave them

'America, That's Who. Larry Gatlin also gave a special salute to Veteran Leonard Manuel Sr. who was sitting in the audience. Once again, Eagle Mountain Casino gave country fans a very entertaining night, filled with great music. Next month is for the classic rock-en-rollers with Creedence Clearwater Revisited on March 29th, a night that will prove to be just as fantastic. See you there!



Larry Gatlin entertained the EMC audience last week with his brothers, Steve on the left and Rudy on the right.



Cascading Cash at EMC



Starting March 3 and continuing through April 27 Eagle Mountain Casino guests will have the opportunity to win \$500 to \$5,000 in the first seven weeks and \$1,000 to \$10,000 on the final weekly cash drawing.

Weekly drawings will be held March 9, 16, 23, 30, April 6, 13, 20, and the final drawing on April 27. During these weekly drawings five guests will get to try their luck on a customized Eagle Mountain Casino “Plinko Style” game board. There will be nine prizes on the game board ranging from \$500 to \$5,000 during the first seven weeks and a \$1,000 to \$10,000 on the final drawing.

Eagle Mountain Casino guest received drawing entries through various means such as Direct Mail and slot play - when playing with their Summit Club card. Once all five guests are present, each guest in the order they were drawn will get a chance to try their luck on the “Plinko Style” game board and a chance to win \$5,000 or \$10,000.

Also every Saturday starting March 8 and continuing through April 26 Blackjack players will earn a chance to win \$100 in cash and a \$50 Bonus Chip. Every hour from 6pm through 10pm, two random guests who are actively being tracked playing Blackjack will be drawn and will win the \$150.00 prize. (They will 4 drawings per day – for more information contact the Summit Club.)

EMC Congratulates – Arturo Gabriel - as employee of the year for 2013



Nicola Larsen, Casino Manager, EMC 2013 Employee of the Year, Arturo Gabriel and Tiffani Devine, Cage Director.

On January 28, Eagle Mountain Casino had its annual awards dinner celebrating 2013 Employee of the Year. The twelve employees of the previous months were all candidates vying for the crown. Once all of the Directors votes were tallied Arturo Gabriel was selected as Employee of the Year.

Arturo is a Cage Department employee at Eagle Mountain Casino and the first person from this department to earn this honor. “Arturo has an extraordinary attitude and is rarely seen without his contagious smile. In everything that he does, Arturo brings his positive morale, which is imperative in such a fast paced and demanding position. Arturo is a joy to work with and is well liked by his peers and guests alike and we couldn’t be more proud of him; Congratulations Arturo!” said Tiffani Devine, Director of Cage Operations at Eagle Mountain Casino.

Naomi Picardel works in the Food & Beverage Department as a Prep Cook in “The Forest Buffet” and was voted Employee of the Year runner up. “Naomi has worked at Eagle Mountain Casino since April 2012 and is incredibly hard working. Because of her willingness to learn all aspects of the buffet operation and her work ethic, she was promoted to this position very quickly,” said Bryan Miller, Food & Beverage Director at Eagle Mountain Casino.



\$10,000 Mega Scratch Drawing Hit at EMC



Joyce Gloth, from Porterville wins \$14,012 on a Black & White Double Jackpot reel slot machine at EMC.

The whistles are blowing, the bells are ringing and jackpots are being hit one after another at Eagle Mountain Casino.

“February is starting out to be a hot month for our guests at Eagle Mountain Casino,” said Jim Valencia, Public Relations Coordinator. “During the first two weeks we had Joyce Gloth, from Porterville Ca. win \$14,012 on a Black & White Double Jackpot reel slot machine. Elizabeth Gambel, from Bakersfield Ca. won \$10,000 on a Double Jackpot Triple 7’s reel slot machine. Marilyn Proffit, from Bakersfield Ca. won \$5,055 on the Willy Wonka & The Chocolate Factory slot machine. Margarita Hernandez, from Bakersfield Ca. won \$5,000. on Five Times/Ten Times Pay reel slot machine. Ronald Hester, from Porterville Ca. won \$10,000 on the Black & White Double Jackpot reel slot machine. We also had a guest win 10,000 in our Mega Scratch Drawing last Sunday but the guest wanted to remain anonymous as many winners do.”

“Better odds is why we have more winners at Eagle Mountain Casino,” said General Manager Tom Stewart.



Rock and Roll Hall of Fame Creedence Clearwater Revisited to Perform at EMC



Stu Cook and Doug “Cosmo” may not have intended it, but their band Creedence Clearwater Revisited has taken on a startling life of its own. The Rock and Roll Hall of Fame rhythm section (bass and drums respectively) from the legendary group Creedence Clearwater Revival launched the Creedence Clearwater Revisited project in 1995 to once again perform live Creedence Clearwater Revival hits and this dynamic duo will be at Eagle Mountain Casino on March 29 at 8 p.m.

The Pair initially only planned to play private parties, Creedence Clearwater Revisited now performs up to 100 shows a year and has released the album “Recollection.” This live disc features many of the all time great Creedence Clearwater Revival hits such as, “I Heard it Through The Grapevine”, “Midnight Special”, “Bad Moon Rising”, “Proud Mary”, and “Down On The Corner.” These were the first recordings of Creedence Clearwater Revival music released in over 20 years by any of the legendary group's former members.

Since then the reaction to Creedence Clearwater Revisited concerts has been astounding. Having now toured North America, South America, New Zealand and Asia, knocking out audiences with fabulous concerts, jam packed with songs that are still a staple of radio and movie soundtracks, Creedence Clearwater Revisited has come a long way.

“These two men are rock icons and we are pleased to present their band to our guests,” said Jim Valencia, Public Relations and Entertainment Coordinator for Eagle Mountain Casino.

Tickets are available through Eagle Mountain Casino’s web site www.eaglemtncasino.com or the gift shop 800-903-3353. Tickets are \$40 Reserved and \$30 General Admission.

EAGLE MOUNTAIN



Casino



What's Happening in the Event Tent



March 29 - CREEDENCE CLEARWATER RE-VISITED - The Rock and Roll Hall of Fame rhythm section Stu Cook and Doug "Cosmo" from the legendary group Creedence Clearwater Revival launched the Creedence Clearwater Revisited project in 1995 to once again perform live Creedence Clearwater Revival hits. This dynamic duo will be at Eagle Mountain Casino on Saturday, March 29 at 8:00 p.m. Doors Open 7 p.m.

Please note: "Concerts are open to persons under 18, for Tribal members only, excluding adult comedian shows and the Warrior's Cage Fights."

Eagle Mountain Casino
Proudly presents

Live Music in the Lounge

Every Friday & Saturday nights
9 p.m. to 12 a.m.

- March 7 & 8 Latin Lobos
- March 14 & 15 Luther Davis & Blues Jams
- March 21 & 22 Brad Wilson
- March 28 & 29 Deluxe



March 6 - GLORIA TREVI - DE PELICULA TOUR 2014

- Ticket Prices: \$30, \$50, \$70
- Tickets on Sale Now!
- Bingo Hall Doors open at 6:00pm, Show Time 7:30pm
- * Premiere Club Members receive \$5 off per ticket when purchased at the Hotel Gift Shop Only



March 20 - BOYZ II MEN

- Ticket Prices: \$40, \$55, \$85
- Tickets on Sale Now!
- Bingo Hall Doors open at 6:00pm
- Show Time 7:30pm
- * Premiere Club Members receive \$5 off per ticket when purchased at the Hotel Gift Shop Only



April 17 - RODNEY CARRINGTON

- Ticket Prices: \$45, \$55, \$85
- Tickets ON SALE Wednesday, February 5th
- Bingo Hall Doors open at 6:00pm
- Show Time 7:30pm
- Mature Audiences Only
- * Premiere Club Members receive \$5 off per ticket when purchased at the Hotel Gift Shop Only

Check for specials at <http://www.tachipalace.com/entertainment>.

March Birthdays

Tribal Council wishes

all a very

Happy Birthday!

March 1

Gail Sierra
Irene Hunter

March 2

Nancy McDarment
Ronald Carabay Sr.
Gerrad McDarment
Mary Anderson
Kenzlee Yocum
Vance Vega

March 3

Alec Garfield
Karen Duncan
Kathleen Nieto
Domingo Perez
Ruben Fuentes Jr.
Ava Chavez
Gabriela McDarment

March 4

Douglas Vera
Lisa Garfield
Erik Lara
Julianne Morgan
Braylon Alvarado

March 5

Wanda Peyron
Paul Martinez
Elena Eugene
Darla Bush
Juan Tovar III
Chris Sierra Jr.
Redcloud Manuel
Kirsten Perez
Laura Bad Moccasin
Jordan Braun

March 6

Dawn Garcia
Antonia Llamas
Broderick L. Gomez
Lee-Way-Nit Flores

March 7

Marcie Lara
Gerald Santos
Stanley Lara
Twyla Nieto
Aspasia Arriaga
Peter R.L. Christman

March 8

Lois Jeff
Robin Burrough
Samantha Williams

March 9

Isabelle Vasquez
Catherine Servantes

March 10

Eleanor Arias
Hope Romero
Jason Gaston
Roscoe Holloway Jr.
Xsavior Braun

March 11

Nina Peyron
Abby Ormonde
Andrew C. Garfield
Christopher Orona

March 12

Jerry Tovar
Kelvin Manuel
Michael Burt
Jesse Carrillo
Virjenna Chavez

March 13

Lisa Abarquez
Jay Hunter Jr.
Kitahna Eugene
Conway Mallory
Chloe Vega
Aiden Cordero

March 14

Adam Flores Jr.
Warren Rubio Sr.
Adrienne Ramos
Moses Lara
Xylina Christman
Dale Murray
Lucky Jimenez
Jacob Sierra

March 15

Elizabeth Bartlett
Laryn DoSoto
Natasha Franco
Jacqueline Peyron-Martinez
Tristen Beecher
Breanna Peyron

March 16

Ludrie Gonzales
Roger Rubio
Raymond Carabay
Lisa Alva

March 17

Lucy Rodilez
Terance L. Williams
Wayneva Peyron
Patricia Rodarte-Gibson
Jessica Eredia
Joseph Sabedra
Samuel Jaramillo

March 18

Leslie Giannetto
Byron B. Morgan
Melynda Gibson
Enrique Felix
Tro-Khud Garza

March 19

Michele Diaz
Amber Corona
Gabriel Y. Martinez

March 20

Joseph Caldwell
Rudy Nieto
Stephen Carrillo Sr.
Raymond Flores Jr.
Breanna Hernandez
Richard Brown
Jenna Eugene
Jared Quair
Andrue Calderon

March 21

Jesse Montijo
Ruben Vera
Isaac Manuel
Felix Carrasco III
Keith C. Franco
Paul Bella-Lara
Johnae McDarment
Cougar Guerrero

March 22

Allen Navarrette
Michael Chaparro
Shannon Velasquez
Dominic Teran
Rose Hunter
Steve Manuel
Destiny Santos
Jesse Eredia Jr.
Kyle Barrios
Kamillia Towns
Xavier Lona

March 23

Tina Buser
Gabriel Santos
Jossalyne Carrillo
Keanu Thomas
Averie Ensign

March 24

Salina Lara
Aileen Hoffman
Nayelli Carrillo

March 25

Rosemary Jimenez
Dominic Garfield
Velma Santos
Zelma Vigil
Dessier Santos
Dustin Sheldon
Valerie Williams
Olivia Christman

March 26

Irma Hunter
Michael Williams
Danae Hernandez
Danielle Curlin
Keisha McDarment

March 27

Joaquin Carothers
Marlea Crook
Lawrence Macias Jr.

March 28

Trudy Pacheco
Sarah Martinez
Sylvia Sandoval
Bianca Guillen
Angelina Garfield
Rachelle Martinez
Pete Christman

March 29

Betty Chung
Tammy Byars
Luis Teran Jr.
Trinity Gibson
Syler Lenares
Ashalyn Villareal

March 30

Russell Carrillo
Anita Letsinger
Stanley Santos Sr.
Vanessa Carter
Anthony Rubio

March 31

Leonard Manuel Sr.
Beverly Hundsdorfer
Angelo Salas
Jill Marlow
Anthony Garfield
Leland Santos
Korin Morgan

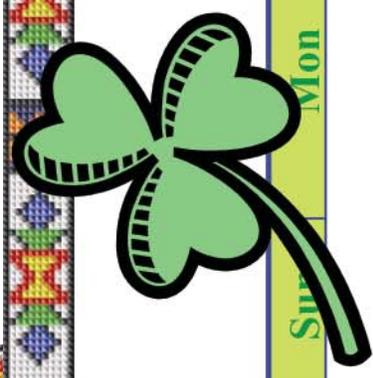


HAPPY ST. PATRICK'S DAY

Route 9 expanded on July 1st

Porterville Transit has expanded Route 9 and times of the schedule have changed as of July 1st. Below is the new schedule. Bus transportation is still free to all Tribal Members.

Transit Center	S. Plano and Olive	S. Plano and Andres	S. Plano and Chase	Eagle Mtn Casino Park n Ride	Tribal Office (Southside)	Eagle Mtn Casino	Reservation Rd Loop	Eagle Mtn Casino	Tribal Office (Northside)	Eagle Mtn Casino Park n Ride	Eagles Nest	S. Plano and Poplar	S. Plano and River	S. Plano and Miranda	South County Justice Center	Transit Center
6:00 AM	6:03 AM	6:04 AM	6:06 AM	6:13 AM	6:38 AM	6:45 AM	6:52 AM	7:00 AM	7:02 AM	7:30 AM	7:36 AM	7:41 AM	7:43 AM	7:45 AM	7:47 AM	7:49 AM
7:00 AM	7:03 AM	7:04 AM	7:06 AM	7:13 AM	7:38 AM	7:45 AM	7:52 AM	8:00 AM	8:02 AM	8:30 AM	8:36 AM	8:41 AM	8:43 AM	8:45 AM	8:47 AM	8:49 AM
8:00 AM	8:03 AM	8:04 AM	8:06 AM	8:13 AM	8:38 AM	8:45 AM	8:52 AM	9:00 AM	9:02 AM	9:30 AM	9:36 AM	9:41 AM	9:43 AM	9:45 AM	9:47 AM	9:49 AM
9:00 AM	9:03 AM	9:04 AM	9:06 AM	9:13 AM	9:38 AM	9:45 AM	9:52 AM	10:00 AM	10:02 AM	10:30 AM	10:36 AM	10:41 AM	10:43 AM	10:45 AM	10:47 AM	10:49 AM
10:00 AM	10:03 AM	10:04 AM	10:06 AM	10:13 AM	10:38 AM	10:45 AM	10:52 AM	11:00 AM	11:02 AM	11:30 AM	11:36 AM	11:41 AM	11:43 AM	11:45 AM	11:47 AM	11:49 AM
11:00 AM	11:03 AM	11:04 AM	11:06 AM	11:13 AM	11:38 AM	11:45 AM	11:52 AM	12:00 PM	12:02 PM	12:30 PM	12:36 PM	12:41 PM	12:43 PM	12:45 PM	12:47 PM	12:49 PM
12:00 PM	12:03 PM	12:04 PM	12:06 PM	12:13 PM	12:38 PM	12:45 PM	12:52 PM	1:00 PM	1:02 PM	1:30 PM	1:36 PM	1:41 PM	1:43 PM	1:45 PM	1:47 PM	1:49 PM
1:00 PM	1:03 PM	1:04 PM	1:06 PM	1:13 PM	1:38 PM	1:45 PM	1:52 PM	2:00 PM	2:02 PM	2:30 PM	2:36 PM	2:41 PM	2:43 PM	2:45 PM	2:47 PM	2:49 PM
2:00 PM	2:03 PM	2:04 PM	2:06 PM	2:13 PM	2:38 PM	2:45 PM	2:52 PM	3:00 PM	3:02 PM	3:30 PM	3:36 PM	3:41 PM	3:43 PM	3:45 PM	3:47 PM	3:49 PM
3:00 PM	3:03 PM	3:04 PM	3:06 PM	3:13 PM	3:38 PM	3:45 PM	3:52 PM	4:00 PM	4:02 PM	4:30 PM	4:36 PM	4:41 PM	4:43 PM	4:45 PM	4:47 PM	4:49 PM
4:00 PM	4:03 PM	4:04 PM	4:06 PM	4:13 PM	4:38 PM	4:45 PM	4:52 PM	5:00 PM	5:02 PM	5:30 PM	5:36 PM	5:41 PM	5:43 PM	5:45 PM	5:47 PM	5:49 PM
5:00 PM	5:03 PM	5:04 PM	5:06 PM	5:13 PM	5:38 PM	5:45 PM	5:52 PM	6:00 PM	6:02 PM	6:30 PM	6:36 PM	6:41 PM	6:43 PM	6:45 PM	6:47 PM	6:49 PM
6:00 PM	6:03 PM	6:04 PM	6:06 PM	6:13 PM	6:38 PM	6:45 PM	6:52 PM	7:00 PM	7:02 PM	7:30 PM	7:36 PM	7:41 PM	7:43 PM	7:45 PM	7:47 PM	7:49 PM
7:00 PM	7:03 PM	7:04 PM	7:06 PM	7:13 PM	7:38 PM	7:45 PM	7:52 PM	8:00 PM	8:02 PM	8:30 PM	8:36 PM	8:41 PM	8:43 PM	8:45 PM	8:47 PM	8:49 PM
8:00 PM	8:03 PM	8:04 PM	8:06 PM	8:13 PM	8:38 PM	8:45 PM	8:52 PM	9:00 PM	9:02 PM	9:30 PM	9:36 PM	9:41 PM	9:43 PM	9:45 PM	9:47 PM	9:49 PM
shaded Area = Weekend Service																



March Events

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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U.N.I.T.Y. Youth Council Meets Every Tuesday at 5 p.m.

2	3	4	5	6	7	8
<p>Yoga 10 a.m.</p> <p>Personal Trainer 11 a.m.</p> <p>Daughters 4:30 p.m.</p> <p>Prevention UCLA 5 p.m.</p> <p>BART 5:30 p.m.</p> <p>UCLA Practice 6 p.m.</p> <p>MMA 6 p.m.</p> <p>Men's Basketball 8 p.m.</p> 	<p>Yoga 10 a.m.</p> <p>Personal Trainer 11 a.m.</p> <p>Young Girls 4 p.m.</p> <p>Daughters 4:30 p.m.</p> <p>Prevention UCLA 5 p.m.</p> <p>BART 5:30 p.m.</p> <p>UCLA Practice 6 p.m.</p> <p>MMA 6 p.m.</p> <p>Men's Basketball 8 p.m.</p>	<p>TRTRC Meet 9 a.m.</p> <p>Insanity 6 a.m.</p> <p>Tule River Youth 3 p.m.</p> <p>Arts & Crafts 3 p.m.</p> <p>Parenting 5 p.m.</p> <p>All-Star Basketball 5 p.m.</p> <p>Softball practice 5 p.m.</p> <p>Teen Weight Lifting 6 p.m.</p> <p>Big Tule Yokuts 6:30 p.m.</p> <p>NAC -PMS</p> 	<p>Yoga 10 a.m.</p> <p>Personal Trainer 11 a.m.</p> <p>Tule River Youth 3 p.m.</p> <p>Beading 4:30 p.m.</p> <p>Youth Baseball 5 p.m.</p> <p>FAS Girls 5:30 p.m.</p> <p>UCLA Practice 6 p.m.</p> <p>Men's Basketball 8 p.m.</p> <p>NAC—PHS</p>	<p>TRTRC Meet 9 a.m.</p> <p>Insanity 6 a.m.</p> <p>Basketweaving 1 p.m.</p> <p>Tule River Youth 3 p.m.</p> <p>Arts & Crafts 3 p.m.</p> <p>Warriors 4:30 p.m.</p> <p>Women's Wellness 6 p.m.</p> <p>All-Star Basketball 5 p.m.</p> <p>Teen Weight Lifting 6 p.m.</p> <p>Big Tule Yokuts 6:30 p.m.</p> 	<p>Personal Trainer 6 a.m.</p> <p>Yoga 10 a.m.</p> <p>Personal Trainer 11 a.m.</p> <p>Young Girls 4 p.m.</p> <p>Wellness Topics 5 p.m.</p> <p>Pow-wow Time 5 p.m.</p> <p>NAC—GHHS</p> 	<p>Family Movie Day 11 a.m.</p>  <p>Baseball Lindsay</p>
9	10	11	12	13	14	15
<p>Yoga 10 a.m.</p> <p>Personal Trainer 11 a.m.</p> <p>Young Girls 4 p.m.</p> <p>Daughters 4:30 p.m.</p> <p>Prevention UCLA 5 p.m.</p> <p>BART 5:30 p.m.</p> <p>UCLA Practice 6 p.m.</p> <p>MMA 6 p.m.</p> <p>Men's Basketball 8 p.m.</p> 	<p>Yoga 10 a.m.</p> <p>Personal Trainer 11 a.m.</p> <p>Young Girls 4 p.m.</p> <p>Daughters 4:30 p.m.</p> <p>Prevention UCLA 5 p.m.</p> <p>BART 5:30 p.m.</p> <p>UCLA Practice 6 p.m.</p> <p>MMA 6 p.m.</p> <p>Men's Basketball 8 p.m.</p>	<p>TRTRC Meet 9 a.m.</p> <p>Insanity 6 a.m.</p> <p>Tule River Youth 3 p.m.</p> <p>Arts & Crafts 3 p.m.</p> <p>Dream Catcher Class 5 p.m.</p> <p>All-Star Basketball 5 p.m.</p> <p>Softball practice 5 p.m.</p> <p>Teen Weight Lifting 6 p.m.</p> <p>Big Tule Yokuts 6:30 p.m.</p>	<p>Yoga 10 a.m.</p> <p>Elders Meeting 10 p.m.</p> <p>Personal Trainer 11 a.m.</p> <p>Tule River Youth 3 p.m.</p> <p>Beading 4:30 p.m.</p> <p>Youth Baseball 5 p.m.</p> <p>FAS Girls 5:30 p.m.</p> <p>UCLA Practice 6 p.m.</p> <p>Men's Basketball 8 p.m.</p>	<p>TRTRC Meet 9 a.m.</p> <p>Insanity 6 a.m.</p> <p>Basketweaving 1 p.m.</p> <p>Tule River Youth 3 p.m.</p> <p>Arts & Crafts 3 p.m.</p> <p>Warriors 4:30 p.m.</p> <p>Women's Wellness 6 p.m.</p> <p>Teen Weight Lifting 6 p.m.</p> <p>Big Tule Yokuts 6:30 p.m.</p> 	<p>Personal Trainer 6 a.m.</p> <p>Yoga 10 a.m.</p> <p>Personal Trainer 11 a.m.</p> <p>Young Girls 4 p.m.</p> <p>Wellness Topics 4 p.m.</p> <p>Pow-wow Time 5 p.m.</p> <p>Bart 5:30</p> <p>Native Vets 5:30</p>	<p>Baseball Lindsay</p> 
16	17	18	19	20	21	22
<p>Yoga 10 a.m.</p> <p>Personal Trainer 11 a.m.</p> <p>Daughter 4:30 p.m.</p> <p>BART 5:30 p.m.</p> <p>MMA 6 p.m.</p> 	<p>Yoga 10 a.m.</p> <p>Personal Trainer 11 a.m.</p> <p>Daughters 4:30 p.m.</p> <p>BART 5:30 p.m.</p> <p>MMA 6 p.m.</p>	<p>TRTRC Meet 9 a.m.</p> <p>Insanity 6 a.m.</p> <p>Arts & Crafts 3 p.m.</p> <p>Dream Catcher Class 5 p.m.</p> <p>All-Star Basketball 5 p.m.</p> <p>Softball practice 5 p.m.</p> <p>Teen Weight Lifting 6 p.m.</p> <p>Big Tule Yokuts 6:30 p.m.</p>	<p>Yoga 10 a.m.</p> <p>Personal Trainer 11 a.m.</p> <p>Health Walk 12 p.m.</p> <p>Beading 4:30 p.m.</p> <p>Youth Baseball 5 p.m.</p> <p>FAS Girls 5:30 p.m.</p> <p>UCLA Practice 6 p.m.</p> <p>Men's Basketball 8 p.m.</p>	<p>TRTRC Meet 9 a.m.</p> <p>Insanity 6 a.m.</p> <p>Basketweaving 1 p.m.</p> <p>Arts & Crafts 3 p.m.</p> <p>Warriors 4:30 p.m.</p> <p>All-Star Basketball 5 p.m.</p> <p>Softball practice 5 p.m.</p> <p>Teen Weight Lifting 6 p.m.</p>	<p>Personal Trainer 6 a.m.</p> <p>Yoga 10 a.m.</p> <p>Personal Trainer 11 a.m.</p> <p>Young Girls 4 p.m.</p> <p>Pow-wow Time 5 p.m.</p> 	<p>Baseball Lindsay</p> 
23	24	25	26	27	28	29
<p>Yoga 10 a.m.</p> <p>Personal Trainer 11 a.m.</p> <p>Daughters 4:30 p.m.</p> <p>MMA 6 p.m.</p> <p>Men's Basketball 8 p.m.</p> 	<p>Yoga 10 a.m.</p> <p>Personal Trainer 11 a.m.</p> <p>Daughters 4:30 p.m.</p> <p>BART 5:30 p.m.</p> <p>MMA 6 p.m.</p> <p>Men's Basketball 8 p.m.</p>	<p>TRTRC Meet 9 a.m.</p> <p>Insanity 6 a.m.</p> <p>Tule River Youth 3 p.m.</p> <p>Arts & Crafts 3 p.m.</p> <p>Dream Catcher Class 5 p.m.</p> <p>All-Star Basketball 5 p.m.</p> <p>Softball practice 5 p.m.</p> <p>Teen Weight Lifting 6 p.m.</p> <p>Big Tule Yokuts 6:30 p.m.</p>	<p>Yoga 10 a.m.</p> <p>Personal Trainer 11 a.m.</p> <p>Tule River Youth 3 p.m.</p> <p>Beading 4:30 p.m.</p> <p>Youth Baseball 5 p.m.</p> <p>FAS Girls 5:30 p.m.</p> <p>UCLA Practice 6 p.m.</p> <p>Men's Basketball 8 p.m.</p> <p>3 Point Shootout 5:30 p.m.</p> 	<p>TRTRC Meet 9 a.m.</p> <p>Insanity 6 a.m.</p> <p>Basketweaving 1 p.m.</p> <p>Tule River Youth 3 p.m.</p> <p>Arts & Crafts 3 p.m.</p> <p>Warriors 4:30 p.m.</p> <p>All-Star Basketball 5 p.m.</p> <p>Softball practice 5 p.m.</p> <p>Teen Weight Lifting 6 p.m.</p> <p>Adult Volleyball 6 p.m.</p>	<p>Personal Trainer 6 a.m.</p> <p>Yoga 10 a.m.</p> <p>Personal Trainer 11 a.m.</p> <p>Young Girls 4 p.m.</p> <p>Wellness Topics 4 p.m.</p> <p>Pow-wow Time 5 p.m.</p> <p>Bart 5:30</p>	<p>Family Movie Day 11 a.m.</p> 
30	<p>HAPPY ST. PATRICK'S DAY</p> 					

TRIBAL OFFICES

781-4271

AERO	791-1866	PTRVL STUDY CENTER	781-1761
CASINO	788-6220	TANF-PRTVL	791-9271
CHILD CARE	781-2519	TANF-TULE	782-8211
ED. CENTER	784-6135	TRAP	781-8797
ELDERS	793-1779	TRAP LODGE	781-0636
FIRE DEPT.	784-1590	TREDC	783-8408
GAMING COMM.	781-3292	TRIBAL POLICE	791-2123
GAMING SECURITY	788-6230	TULE RIVER GYM	782-5554
TULE GYM	782-5554	USDA	781-3128
TULE HEALTH	784-2316	WAREHOUSE	788-2902
TULE HOUSING	784-3155	WATER PLANT	781-8532
NAT. RESOURCES	791-2126	PUBLIC WORKS	783-9594
MAINTENANCE SHOP	784-5729	TELECOMMUNICATIONS	783-9537
PORTERVILLE AVIATION	784-9460	ENVIRONMENTAL/FORESTER	783-8892

The Tule River Newsletter is Published the first week of every month at the Tule River Tribal Office. Deadline for the Newsletter is the 25th of every month for the following month's newsletter. Submissions may be made by dropping them off at the Tribal Office, calling Frances Hammond at (559) 781-4271 ext. 1047, fax (559) 781-4610 or by e-mail at frances.hammond@tulerivertribe-nsn.gov. The Tule River Newsletter is now available on line at www.tulerivertribe-nsn.gov.



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