



Tule River Newsletter

Pow-wow time at Tule River



Tule River Native Veterans Post 1987 present the Colors at the Tule River Pow-wow 'Honouring all Native Veterans' last month.

The weather pow-wow weekend was just right, warm with cooling breezes and a bright blue sky. Pow-wow weekend also brought dancers from as far north as Canada and as far east as Wisconsin and all places in-between. This year the Tule River Pow-wow's theme was 'Honouring all Native Veterans'. Friday night all Native Veterans were honored in the arena and with a very special Tri-tip dinner.

Pow-wow began with the blessing of the arena by the Gourd Dancers and with the Tule River Native Veterans Post 1987 posting the Colors all three days.

Friday night was also the night of the Princesses' coronations. Tule River's Natasha Franco was crowned Tule River Princess and Lily Baga from Santa Rosa Rancheria is now wearing the Tule River Jr. Princess crown.

Dancing contests began Saturday and lasted through the weekend. Tule River's Jesenia Martinez placed third in the Jr. Girls Fancy Dance with Corina Limon from Montgomery Creek, CA receiving second place. Tule River's own Ell-ow McDarment danced herself into first place.

In the Jr. Girls Jingle Dance, Makayla Snow from Sacramento placed third and hailing from Farmington NM, Teiyanna Becenti took second place. Receiving First place was Sacramento's Moralene Scalplock.

Aih-naya Manuel, Tule River danced into second place in the Jr. Girls Southern Traditional and Hadezbah Brisa Benally from North Fork, CA was first.

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**Tule River
Tribal Council
Chairman
Neil Peyron
Vice-Chair
Amy L. McDarment
Treasurer
Kenneth McDarment
Secretary
Nancy McDarment
Members
Duane M. Garfield Sr.
James Diaz
Kevin M. Bonds
Aaron Franco Sr.
Yolanda Gibson**

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Pow-wow Cont'd

Jr. Girls Northern Traditional Dance saw Tule River's Tehya Thomas place third with Garden Grove's Nanaba Kadenehii dancing a second. Tamia Taylor traveled from San Francisco to place first.

Kalen Scalplock, Sacramento, receive third place in the Jr. Boys Fancy Dance with Garden Grove's Ba'ac Garcia dancing a second. Dancing a first place was Norwalk's Jonathan Orozco.

Traveling from Cedar City UT to receive third place in the Jr. Boys Grass Dance was Nathan Nakaii. Jordan Taylor came from San Francisco to receive second place. Travontae Becenti came all the way from Farmington NM to dance into first place.

Receiving third place in the Jr. Boys Northern Traditional Dance was Kayenta AZ's Adriano Gray. Ethan Nakai



came from Cedar City UT to receive second place. Traveling from Kirtland NM, Keshawn Begay danced into first place.

Dancing a third place in the Teen Girls Fancy Dance was San Diego's own Veronica Ibarra with Tule River's own Topanga Towns dancing a second place. Dancing a first place was Santa Rosa Rancheria's Tarhoni Morales.

Tamarah Gray, Kayenta AZ, received third place in the Teen Girls Jingle Dance with Michelle Bright receiving second place. San Francisco's Tashina Taylor received First place.

Fresno's Marcella Seguro danced a second place in the Teen Girls Southern Traditional Dance. Dancing into first



Natasha Franco was crowned Tule River Pow-wow Princess and Lily Baga Tule River Jr. Princess.

place was Zendra Logan of Norwalk CA.

In the Teen Boys Fancy Dance competition, Tule River's Ooh'Shook McDarment was second and from Sacramento, Uno McGurk Jr. danced a first place.

Aahkii Kdenekil from Big Mountain AZ received third in the Teen Boys Grass Dance. Charles Lenares from the Tule River danced into second place and from Reno NV Justin Davis received first place.

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More Pow-wow

All local boys placed in the Teen boys Northern Traditional contest. Santa Rosa Rancheria's Thomas Baga was third. Tule River's Wes Franco took home second place and placing first went to Aaron Franco Jr. from Tule River.



Women's Seniors saw Rena Brown from Bishop CA take third with Arlene Tosa, Jemez Pueblo NM receiving second place. First place went to Charlene Redner from Bishop CA.

Dancing into third place from Livermore CA in the Women's Golden Age Dance was Mary Puthoff. Anne Begay from New Mexico danced a second place. Traveling all the way from Fort Thompson SD, Arnita Goodface Swanson danced into first place.

Rusty Lonechief Tiger from Garland TX, received third place in the Men's Seniors Dance. Emerson Nakaii from Cedar City UT placed second. Dancing into first place was Giles Ballshields from Tujungca CA.

In the Men's Golden Age Dance Chuck Cadotle from El Cajon CA was third with Barstow's Henry Allen second.

Ray Blackwater came all the way from Alberta Canada to receive first place.

Traveling from Kayenta AZ, Evelynna Gray danced a third place in the Women's Fancy Dance. Heidi Navarro from Exeter received second place. Montgomery Creek CA's, Roxanne Gomez danced a first place.

Women's Jingle Dance saw Lynssey New Holy from Porcupine SD dance a third place and Celeste McGurk traveled from Sacramento to receive a second place. Dancing a first place from Sacramento was Henriette McGurk.



Women's Southern Traditional Dance saw Amelda Cadotte from El Cajon CA dance into third place and dancing into second place was Alicia Chindahkeahbo from Cushing OK. Sandra Hale traveled from Norwalk CA to receive first place.



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CIEA Porterville elect officers



Pictured here are Willie Carrillo Sr., President of the State Chapter of CIEA, Linda Peterson, new Vice-Chair, Linda Hinojosa, new Treasurer, Frances Hammond, Tara Williams, new Secretary, Rhoda Hunter, new Chairperson and Holly Carrillo.

September 11th the Porterville Chapter of the California Indian Education Association (CIEA) met for the third time to elect an Executive Board. After a blessing by Rhoda Hunter, Willie Carrillo Sr., CIEA President, called the meeting to order. Introductions were made and discussions ensued concerning the different organizations that are acting on behalf of education for minority children. Thoughts of the group were that this chapter of CIEA might act as a sort of watchdog to monitor the actions of these other groups to ascertain that they are indeed doing the job they were organized to do.

Also discussed by the membership was outreach and recruitment.

Mr. Carrillo reported on the recent meeting at Fresno State with the new CSUFresno president, Joe Castro, The Native American Advisory Board and representatives from many Tribes. He felt that it was a positive meeting and they were to meet again sometime in September. The goal of these meetings Mr. Carrillo told the group was to increase the number of Native students enrolled. Also discussed at that meeting was the possibility of establishing A Native American Community/Business Center on the Fresno University campus.

Mr. Carrillo then opened the meeting to nominations for the Porterville Chapter of CIEA Board of Directors.

Rhoda Hunter was elected by unanimous approval as Chairperson. Linda Peterson was voted in as Vice Chairperson. Secretary by unanimous approval is Tara Williams and Linda Hinojosa by unanimous approval is the Treasurer.

What's wrong with this picture?



What's wrong with this picture? I'll tell you. It should look like the picture below!



Last month it was reported what a great job the Reservation Entrance Beautification Project team was doing on improving the looks of the entrance to the Reservation and even before the article came out someone stole the eagle from beneath the Eagle Mountain sign. If it was a visitor on the Reservation shame on them for being disrespectful to your home and land. If it was a Reservation resident shame on you for disrespecting your home, your friends, your family and neighbors. It's a shame we live in society that would do such a thing!

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Forest news

By Brian Rueger, Forest Manager

Wildfire : Good or Bad?



As the busy 2013 fire season winds down, people are commenting on the number and size of the wildfires that have occurred in the western states. In fact, these large wildfires have been a trend for several years now.

The Rim Fire, which is still burning in Tuolumne County, received a lot of press because of its size and the fact that it burned into Yosemite National Park. When it has burned out, the Rim Fire will have burned well over 200,000 acres, which is an area about four times the size of the Tule River Reservation. Jay Miller, a fire ecologist with the U.S. Forest Service, has estimated that the fire burned 40,000 acres so intensely that everything in its path was consumed. "In other words, it's nuked", said Mr. Miller.

So why all these big fires and are they all bad?

Wildfire is both good and bad. Fires that burn less intensely, creeping along the ground and lightly burning vegetation and wood debris along the ground surface, are beneficial to the land. Many plants and trees need fire to regenerate. Giant sequoia trees have adapted well to fire. Fire has been a naturally-occurring part of the Sierra Nevada mountains for a long, long time.

But very hot fires bring a much different result. When fire burns into landscapes that are overly dense with vegetation from too many years without fire or without active management, fire doesn't stay burning along the surface of the ground for long. Fire climbs high into the trees and moves quickly across the land, fed in part by the dense shrubs and trees that serve as fuel. These 'catastrophic' fire events can have severe impacts on people, water, soil, wildlife, air quality, and vegetation. The Rim Fire was such a fire, as was the McNally Fire of 2002 that burned to the east of the Reservation boundary. I made a trip over to the McNally Fire area during the winter of 2002/2003, and saw large amounts of soil that had washed down to

the Kern River during the November 2002 rains that fell onto a charred ground surface that had no vegetation for protection.

These large fire impacts are what we do not want in the South Fork of the Tule River watershed. This is the reason why the Natural Resources Dept. places such an emphasis on conducting fuels reduction and forest improvement projects, and even timber harvests, year after year in the mountains. The project work accomplished by the Tribe's Natural Resources crews each year from May to snowfall is one way to minimize the chance that a catastrophic wildfire will happen here some day.

The threat of a large wildfire similar to the Rim Fire exists right here in our backyard, and next door on Forest Service and Park Service lands. It seems logical to be proactive, rather than reactive, when dealing with this threat.

Community Meeting

Mark your calendars for

Saturday, November 2nd at 9 a.m.

Tule River Gym.

All Community members

are invited to attend.

Come out and

voice your opinion.

Know what the issues are.

Hear what your neighbors have to say.

CIEA Cont'd

It was suggested by Ms. Hinojosa that a Public Relations Officer position be added to the Board and nominated Frances Hammond. Newly elected Chairperson, Rhoda Hunter felt that this position should be amended in the by-laws before a vote be taken.

Tara Williams agreed to review and prepare the by-laws for the members to review at the next meeting. The by-laws will be voted on, amended and accepted at the next meeting.

If you are interested in the education of your children you might consider getting involved. Be on the lookout for flyers announcing the next meeting.

And more Pow-wow



Lupe Lopez from Garden Grove danced a third place in the Women's Northern Traditional Dance. Tara Frank from Bishop CA danced into second place. Taking first place was Raquel Cabrera from Montgomery Creek CA. Traveling from Downy CA to take third in the Men's Fancy Dance was Julian Phoenix. Rae Steven Scott from Window Rock AZ danced into second place and traveling from Oneida WI was Wayne Silas.



The Men's Grass Dance saw Nathan Nez of Sacramento receive third place with Cotton Tohannie of Reno NV second place. West Valley UT's Randall Paskemin danced his way into first place.

Dancing a third place in the Men's southern Traditional Dance was Marc Martin-Keka from Hayward CA. Hailing from Sacramento; Tim Snow danced his way into second place. The Omaha Nation's Erwin Morris danced a first place.



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And even more Pow-wow

In the Men's Northern Traditional Dance Nico Black Eagle Phoenix of Downey CA received third place. Dancing into second place was Gabe Harden from Fallon NV with Colby White of Cusick WA receiving first place . Traveling from Window Rock AZ to receive third place in the Drum Contest was The Horses. Red Horse traveled from Sacramento to receive second place and traveling from Nevada Iron Horse drummed into first place.



Though all came to dance or enjoy the dancing, it wasn't all the pow-wow had to offer. There were demonstrations in Flint knapping, basketweaving, acorn making and language. Also many vendors were on hand to offer clothing, jewelry and other items you just couldn't live without. It was also a weekend to give thanks to our Veterans for their service and to fellowship with friends and family. Last but not least we should all give thanks to the Pow-wow Committee for their hard work to pull off such a great celebration. They are starting to plan for next year, but this one will be hard to top.





Windy Fire



The Windy fire was discovered on August 31st around noon. Before it was contained the fire burned 231 acres and required resources from CalFire, the Forest Service, private contractors, as well as BIA resources from the Chumash Tribe and our local wildland fire Engine 92. The reserve ambulance was on standby at the fire to provide medical services to all of the crews assigned to the fire. A smokejumper, from the California Smokejumpers in Redding, broke his femur bone in his leg while attempting to land before attacking the fire. The cause of the fire is still under investigation, and all resources have been released from the fire.





Sequoia National Forest Invites Public to Review Draft Assessment for Forest Plan Revision

The Sequoia National Forest is one of three national forests in the Pacific Southwest Region of the Forest Service to revise its land and resource management plan this year, implementing the new National Forest System Planning Rule. The Forest will hold a series of public meetings to discuss and receive input on the Draft Assessment for Forest Plan Revision.

The forest plan revision process is grounded in science and public input, and seeks to deliver stronger protections for forests, water, and wildlife while supporting the economic vitality of our rural communities. It will provide opportunities for public involvement and collaboration throughout all stages of the planning process, as well as opportunities for Tribal consultation and coordination with state and local governments and other federal agencies.

The revision process involves three phases: assessment of forest resource condition and trend, development of a revised plan, and monitoring the implementation and effectiveness of plan direction. Each phase will include opportunities for public participation and collaboration.

As part of the current assessment phase, the Sequoia National Forest has developed the Draft Assessment and made it available for review and feedback on the Sequoia National Forest website, <http://www.fs.usda.gov/goto/sequoia/ForestPlanRevision>. Input can be provided on the electronic form provided on this webpage, or e-mail <mailto:comments-pacificsouthwest-sequoia@fs.fed.us>, or by hardcopy delivered to 1839 South Newcomb St., Porterville, CA 93257. The Sequoia National Forest encourages feedback on this Draft Assessment through October 16th, 2013.

Workshops and a webinar will be held for anyone interested in learning more about the Draft Assessment for the Sequoia National Forest. Each workshop will consist of presentations and opportunities for questions regarding the various resources included in the assessment.

- Tuesday, October 1st, Forest Supervisor's Office, 1839 So. Newcomb St., Porterville, 6:00-8:00 p.m.
- Thursday, October 3rd, Kernville Elementary School, 13350 Sierra Way, Kernville, 6:30-8:30 p.m.

These meetings will build on conversations from earlier meetings and allow participants to discuss the Draft Forest Assessment in greater detail with members of the Sequoia's forest plan revision team. During the draft assessment phase of the Forest Plan Revision process, the public is encouraged to share key information on social, economic, and ecological conditions missing from the draft assessment and raise specific interests or expected changes or trends in the condition of forest resources over the next 10-20 years.

Please contact Maria Ulloa, Forest Planner, at 559-784-1500, extension 1160, or mtulloa@fs.fed.us, for more information about the draft assessment, meetings, or to register for the webinar; we will need your e-mail address if you wish to attend the webinar. More information on Forest Plan Revision is available on the Sequoia National Forest website at <http://www.fs.usda.gov/goto/sequoia/ForestPlanRevision>.

Tule River 4H Champions



Photo contributed by Rose Gonzalez

The Tule River 4H Club members, Ethan Standrich, far right, and Michaela Peyron, second from left, pose with their Tulare County Fair projects. Ethan earned Reserve Supreme Grand Champion Market Hog, Junior Showmanship and the 4 H Outstanding Exhibitor awards. Michaela walked away with the Hampshire Champion Lamb. Posing with the students are Tule River Tribal Council Member James Diaz, far left, and Tule River 4H Community Club Leader Rich Standridge.

By Esther Avila, first published in the Porterville Recorder, September 17, 2013.

The inaugural year for the Tule River 4H Club was special for students Ethan Standridge and Michaela Peyron. Not only were they the only two members ready to enter a project into the Tulare County Fair, but they did it in style — walking away with several awards, including Reserve Supreme Grand Champion Market Hog, Hampshire Breed Champion Lamb, a Junior Showmanship title and the 4H Outstanding Exhibitor Award — qualifying the winning duo for the Champion Block Saturday at the Tulare County Fair Junior Livestock Auction.

When Standridge's name was called, he said he felt proud and excited and felt as if his hard work had paid off.

Standridge, a sixth grader, won his awards — Reserve Supreme Grand Champion, Junior Showmanship and 4H Outstanding Exhibitor award — with Honey Bee, a 269-pound market hog.

He has been showing for three years, previously with Pleasantview 4H. He currently shows on the jackpot circuit with the California Junior Livestock Association and is ranked No. 1 in the 9 to 12 year category, and No. 5 overall.

Peyron, who is in seventh grade, has been showing lambs for three years. She won Hampshire Breed Champion status with Clyde, her 145 pound lamb.

The club was formed in August, just in time for the

Tule River Language Project travels to Saucalito



From the left are Christina Jaquez, Denise Hunter, Pam Clark and Cecilia Chavez. Not pictured is Celestina Manuel. These ladies attended the 'Language is Life' Conference in Saucalito last month.

submitted by Christia Jaquez

The staff of the Tule River Yokuts Language Project presented two sessions at the 'Language Is Life Conference', in Saucalito, California. The conference was held at Marin Headlands Institute, and was sponsored by the Advocates for Indigenous California Language Survival (AICLS). The event was well attended by tribal language instructors from all over the state of California, who shared curriculum and teaching techniques. It was a wonderful opportunity to network with other language programs and to share useful information with one another.

county fair, and has 20 youth and 12 parent volunteers. It is under the direction of Community Club Leader Rich Standridge and his assistant, Rose Gonzalez,

“Both Rose and I were extremely excited to have such a great showing for a new club,” Rich Standridge said. “We are hoping to use this success to build upon and get more kids involved in 4H. We are extremely excited for the new club and the future.”

They are planning and looking into the future, he said. “All members who are eligible will be participating in the 2014 Porterville Fair,” Standridge said. “This coming year we are going to offer cooking, photography, goat, swine, lamb, arts and crafts. As the club grows, so will what we offer.”

Elders eat up nutgritition



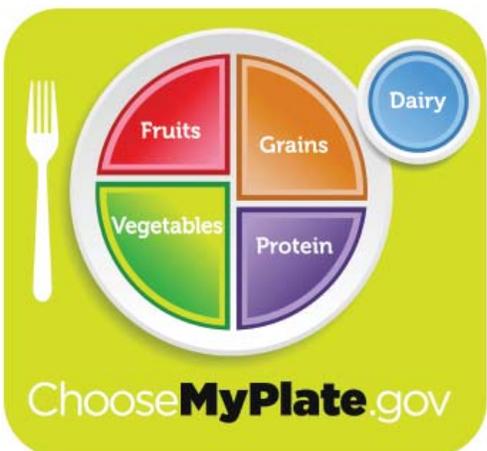
Ludrie Gonzales, Betsey Foote, Sallie Lenares and Arlene Robles pictured here with Mariana Lopez, the 'Eating Smart Being Active' instructor in the back.

Photo submitted by Rodii Nieto

For the last few months the Elders have been involved in an awesome nutrition program, 'Eating Smart • Being Active'. Mariana Lopez, a Nutrition Educator with the UC Davis Expanded Food and Nutrition Education Program (EFNEP) came to the Elder's Building to teach the eight-week course. The curriculum for adults was developed by EFNEP staffs at Colorado State University and University of California at Davis and is based upon the socioecological model, 'Eating Smart • Being Active' is an evidence based nutrition education and obesity prevention curriculum.

During the eight weeks, Elders were given information to help improve their eating habits and live a healthier lifestyle by learning how to be more active and eating better. They were also taught about the 'MyPlate' philosophy on eating and making good food choices and meal planning. These gals really enjoyed the course and want to bring more instruction of this nature to the Reservation.

For those interest in more information on the 'MyPlate' lifestyle visit www.choosemyplate.gov/.



What's happening at Eagle Feather?



Destiny Sanderson, Eagle Feather Trading Post Employee of the Month working away at her brand new desk. What a happy employee she is.

Drum roll please, announcing the Eagle Feather Trading Post Employee of the Month for September none other than the pretty Destiny Sanderson.

"I chose Destiny as the Employee of the Month because she is very knowledgeable in policy and procedures," said Jim Nordness, Store Manager. "She works well with Annetta Monroe in the Financial Department and is very computer literate." He went on to say, "She is very interested in transitioning into a management role and is excellent at data entry."

Destiny started as a cashier at Eagle Feather Trading Post in July 2009 and soon became the office assistant. "I love the people I work with," she said when asked what she likes the most about working at Eagle Feather. "They are like my second family."

Destiny is a busy girl at work and on her off time. She is married three and half years and is raising her seven-year-old little sister, Trinity. Destiny also volunteers at her church, on Wednesday nights as a teacher in the AWANA Program, for the pre-teen girls and has a cheer team she instructs. Destiny's Cheer Team has participated in parades and has even appeared at her church. Destiny is also a descendant on her mother's side of the Tlingit Tribe from Alaska. Theo she has never been to Alaska she would like to visit someday. Destiny will receive a \$25 gas card to honor her as Eagle Feather Trading Post's Employee of the Month.





Elders gathered for an end of summer BBQ and all year birthday celebration last month.

The Elders came together last month to end the summer with a celebration. A short business meeting was held where Johnny and Carrie Franco requested a

sponsorship to travel to the Covelo Indian Community in Mendocino County also known as the Round Valley Indian Reservation to participate in their Spiritual Ceremony. They wished to represent Tule River and share cultural and tradition-

al ways. A motion, seconded and carried was made to grant them \$250 matching funds Tribal Council has given them.

A letter was read in regards to an upcoming trip to Las Vegas from Ludrie Gonzales requesting that the two

Elder's vans be used and personal vehicles instead of renting a bus. Ms. Gonzales felt that the money used for bus rental could be better spent on travel and per diem. She also felt that this mode of transportation was better suited for the elderly and disabled.

Donna Devine talked about the upcoming Pow-wow that next weekend and invited all Native Veterans to a special ceremony and dinner that Friday night.

An announcement was made that the 4th Annual Elder's Luncheon sponsored by the Tule River Indian Health Center will be November 21st from 11:30 a.m. to 1:30 p.m. at River Island Country Club. Tribal Elders are asked to make reservations with Terri Or-



Arlene Robles and Larry Gafield dance to the music of the 'Original Redblooms'.



The 'Original Redblooms' Ray Flores on guitar, Ruben Vera on the drums, Billy Brown lead singer and Frank Silvas on bass guitar.

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Elders news continued



Harold Santos manned the BBQ to serve up a delicious lunch for the End of Summer Elders Meeting last month.



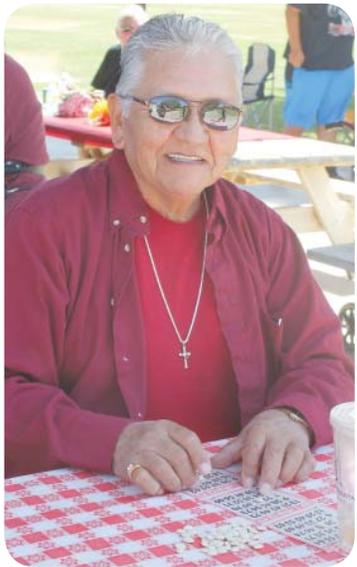
Verdo Caldwell and his lovely wife enjoy the tunes of the 'Original Redblooms'.

tiz no later than November 15th at 784-2316.

Linda Santos requested that the meeting be a short one so that they could get on with the fun. While Harold Santos BBQ'ed up some delicious beef, chicken and pork chops the 'Original Redblooms' played to the delight of those gathered there and some enjoyed a dance or two.

Three of the band members were from the original band The Redblooms. They were Ray Flores, Billy Brown and Frank Silvas. Ruben Vera also played with the Redblooms for a while.

All enjoyed the delicious lunch and there was birthday cake to celebrate everyone's birthday throughout the year. After lunch, it was fun and games with Bingo! Many went home with gift cards and some really nice raffle prizes.



Fred Peyron playing bingo and from the looks of it enjoying also!

It was a grand day and all had a wonderful time visiting, listening to the great music, getting their fill for BBQ and playing Bingo!

All Tule River Elders are invited to the next Elders meeting to be held October 9th at 10 a.m. at the Brafford Room. There will also be the bi-annual Elders Breakfast sponsored by Eagle Mountain Casino on October 10th at the Forest Buffett at 9 a.m.



Richard Facio, Alfonso Jimenez, Paul Lara and Frank Silvas visiting and playing bingo.

Important news for new Elders

If you are a new Elder or will be turning 55 soon there are a few things you need to know.

To receive your Elders Parking Permit for the Casino you need to visit Anna Maldonado in the Records Department at the Tribal Offices. Ms. Maldonado can be reached at 781-4271 ext. 1029, if you have any questions.

To receive you Elders Food Card for the Casino you must apply at the Casino Administration Office and have proper identification. You will be asked to fill out a form. For information on the Food Cards you may call Rene Franks at 788-6220.

Tule River takes over Porterville Lanes



The number one team: Justin Varela, Mandy Soto, Robert Bonilla and Monica Soto.

Tule River took over Porterville Lanes last month for their Annual Bowling tournament. That's right, all 16 lanes were in use. The hardy bowled for over 12 hours, some were seen limping and some wrists were bandaged that next Monday.

There was the annual raffle also with many taking home some great prizes, but the grand prize went to Richard Brown, a 50" TV. Proceeds this year went to Jennifer Montoya to help defer costs accrued from the loss of her grandfather.

If you didn't think these people had fun, just check out all the smiling faces.



Amy McDarment won a new bowling bag.



Photo submitted by Rodii Nieto

Richard Brown won the grand prize to this 50" TV.



Joey Garfield took home a great mini refrigerator.



Willie Garfield picking out one of the two bowling balls he won.

Continued on payg 15

Bowling winners!



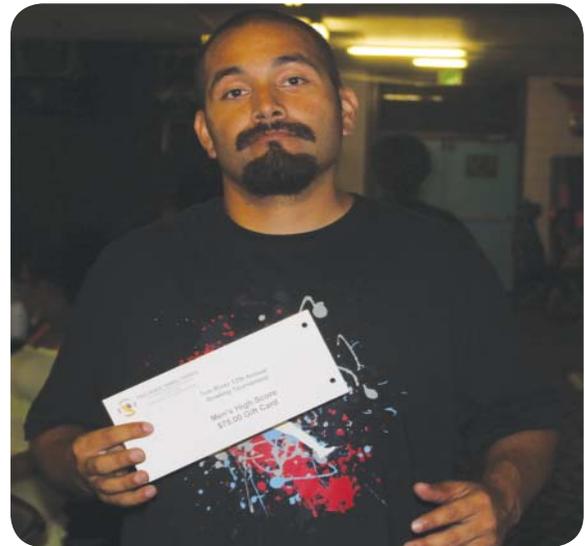
Council Members Amy McDarment, Neil Peyron, Nancy McDarment and Kevin Bonds present Jennifer Montoya with the proceeds from the raffle.



The best dressed team was Joey and Eva Lou Garfield, Rusty Rios and Holly Carillo.



Taking second place was Dennis Hunter, Amy McDarment, Valerie Williams and Morris Hunter.



Justin Varella was the male high roller that day.



The Third place winners were Jessie and Wendi Correa, Heath Moisa and Kellie Carrillo.



Even though they were the low rollers they have smiles on their faces, Dominic Garfield holding little Echo, Belinda Gomez, Rita McDarment and Wyatt McDarment.



HALLOWEEN FUN NIGHT! Thursday October 31st

PUMPKIN CARVING AND CAKE CONTESTS

1ST - \$100 2ND - \$75 3RD - \$50

ALL PERSONS ARE ALLOWED ONLY
ONE (1) ENTRY PER CONTEST



HAPPY HALLOWEEN



COSTUME CONTEST - Starting at 7:00 sharp

Age Groups: 0-5 6-12 13-17 18 & up

Each age group will have 3 winners

1st - \$100 2nd - \$75 3rd - \$50

OVER ALL MOST

Scariest - Original - Funniest - Group of 2 or more
1 winner of \$100 in each of these categories



**INTERESTED IN HAVING A BOOTH?
TULE RIVER COMMUNITY AND ALL
DEPARTMENTS WELCOME!
CONTACT VIVIAN TO RESERVE BOOTH SPOT**

HELD IN THE TULE GYM 6:00-9:00pm

This is a drug and alcohol free event. Absolutely NO pets allowed!
Sponsored by the Tule River Tribal Council

For More Information
Call 781-4271
Rondi Nieto ext. 1020
Vivian Christman ext. 1059





Community Health Walk Breast Cancer Awareness

-  Walk around the loop
-  Information Booths
-  First 100 receive a T-shirt
-  Balloon Release
-  Door Prizes
-  Guest Speaker
-  Food

Running Contest

This Contest will take place during the
Community Awareness walk
Prizes awarded for 1st, 2nd & 3rd

-  Categories:
-  Adult Men
-  Adult Women
-  All Youth under 18 years old

Friday ~ October 4 ~ 5:30 p.m. ~ Tule River Gym
Information Melanie Santos 782-5554 ext 2100 or Frankie Williams 781-0636

A special thank you!

I would like to thank the courts in Hanford for awarding my daughter, Valentina P. Vega guardianship to her two twin nieces Tina and Tulachi Rubio. I also thank my great granny daughters and Tatina grandma and most of all her lawyer Mr. Heatherley.

Thank you all family and friends for being there especially my neph Miky Davis

Nelda Nieto

Church on the Hill

Services every Sunday/Sunday School 10 a.m.
Wednesday Evening Services 6:30 p.m.
Sunday School for all children and transportation available for everyone!

190 N. Reservation Rd.

Pastors: Roxanne and Nathan Burtt

We take prayer requests 24 hours a day - you may call and leave a message at the church 788-2060 or 560-7671, or you may drop off your prayer request at the church in the prayer request mail box in front.

God Bless You All!



Tule River Prevention Team Presents Alcohol & Drug Free Community Event Family Formation/Family Fun

RED RIBBON WEEK ACTIVITIES SCHEDULE

OUR DEPARTMENTS HAVE COORDINATED A WEEK FULL OF ACTIVITIES TO PROMOTE DRUG AND ALCOHOL AWARENESS IN THE TULE RIVER COMMUNITY. WE INVITE YOU TO JOIN US EACH DAY DURING THIS WEEK WITH FUN, SPEAKERS, PRIZES, AND REFRESHMENTS FOR THE ENTIRE FAMILY. LETS JOIN TOGETHER TO STOMP DRUGS OUT OF OUR COMMUNITY...TULE RIVER HAS THE POWER TO SAY NO TO DRUGS!

Date/Time	Event	Other information
10/20/2013 SUNDAY 11:00 A.M.	DRUG FREE MARCH "LETS STOMP OUT DRUGS" STARTS AT EMC PARKING BY MARNIE'S TO THE GYM. LUNCH WILL BE SERVED.	PRIZES GIVEN FOR: BEST DRESSED, BEST DECORATED BIKE, BEST DECORATED QUAD, BEST "RED RIBBON SPIRIT" ANNOUNCED ON THURSDAY DURING DINNER
10/21/2013 MONDAY 5:00-6:30 P.M.	DECORATE COMMUNITY "LETS DECLARE OUR REZ DRUG FREE" PLACE RED RIBBONS ON FENCE, POLES, DOORS, ETC.	JOIN US IN PAINTING OUR REZ RED. SPREAD THE MESSAGE THAT WE ARE ELIMINATING DRUGS IN OUR COMMUNITY.
10/22/2013 TUESDAY 5:30-6:30 P.M.	NIGHT WALK WITH GLOW STICKS "WALK OUT ON DRUGS!" LIVING HEALTHY WITH EXERCISE	WILL START AT THE GYM WITH A BALLOON RELEASE AND END BACK AT THE GYM. REFRESHMENTS WILL BE SERVED AND T-SHIRTS GIVEN OUT.
10/23/2013 WEDNESDAY 5:00-7:00 P.M.	POSTER DECORATING CONTEST "JOIN US...BE DRUG FREE" CREATE FUN POSTERS	AGE DIVISIONS: K-3RD, 4TH-6TH, 7TH-8TH, 9TH-12TH ANNOUNCED ON THURSDAY DURING DINNER
10/24/2013 THURSDAY 5:30-8:00 P.M.	SPEAKER AND AWARDS NIGHT INFORMATION BOOTHS, DINNER GUEST SPEAKER, RAFFLE	ANNOUNCE WINNERS OF MARCH AND POSTER CONTESTS. DINNER WILL BE SERVED. INFORMATION AND SPECIAL GUEST SPEAKER. DON'T MISS IT!
10/25/2013 FRIDAY 6:00-10:00 P.M.	CLEAN AND SOBER DANCE A HEALTHY ME IS DRUG FREE! COME & ENJOY A GOOD TIME!	COME OUT AND DANCE THE NIGHT AWAY! RAFFLE, FOOD, AND SOME DRUG FREE COMPANY! SOUNDS FUN RIGHT! (:



October 11-13, 2013

“Returning The Warrior Spirit”

Native Men’s Wellness Gathering

Buena Vista Rancheria, Lone, California

Presented by

California Indian Warrior Society

&

Indigenous Circles United

Educational & Wellness Workshops

Traditional Activities & Healing

For more information contact:

Mike Duncan (916) 544-1085 wailaki.md@gmail.com

Albert Titman (916) 370-0123 amiwok@yahoo.com

Registration Form

Name: _____ Contact # _____

Tribal Affiliation: _____ Age: _____

Agency: _____

Emergency Contact Name: _____ Ph#: _____

“Honoring our Children by Honoring our Traditions”

Positive Indian Parenting Classes

Beginning October 8th , 2013

ending November 26th, 2013

Every Tuesday

@ 5:00PM



Location: Tule River Gym

**8 Week Program topics
consist of:**

- Week 1 Traditional Parenting
- Week 2 Lessons of the Storyteller
- Week 3 Lessons of the Cradle Board
- Week 4 Harmony in Child-rearing
- Week 5 Traditional Behavior
- Week 6 Mother Nature
- Week 7 Power of Praise
- Week 8 Choices in Parenting

Certificate provided upon completion

Sign up with Future Generations

**Contact
Dennis Sigo or Amanda Sierra**

Future Generations Program
P.O.Box 589
Porterville, Ca.93257

Phone:(559) 782-5556 x 2110
X 2107



Citrus South Tule elects Student Council



Citrus South Tule Student Council for 2013/2014 starting in the back from the left is Lexy Espinosa, Rayne Baga, Gabriella Poindexter and Chad Baga. In the front is Neh-Ehsh McDarment, Teela Hunter, Ell-Ow McDarment and Winema Yocum. Not pictured is Herminia Tovar.

Last month Citrus South Tule held their elections for Student Council. Students running for office made posters and gave speeches and the election was held on Thursday, September 5th.

The next day, Friday, September 6th, the school held their Annual Back to School Day. Parents had the opportunity to visit their child's classroom where curriculum, expectations, rules and regulations were discussed while the children had free time.

It was then time to announce the election outcome. Student Body President, Gabriella Poindexter welcomed all the parents and announced the new Student Council.

Gabriella Poindexter was elected as President, Ell-Ow McDarment Vice-President, Teela Hunter Secretary and Chad Baga, Treasurer. Winema Yocum was elected as the sixth grade Representative, elected as fifth grade Representative was Rayne Baga, Lexy Espinosa was elected as fourth grade Representative, Herminia Tovar as third grade Representative and elected as second grade Representative was Neh-Ehsh McDarment.

The Student Council held a bake sale that day. The proceeds will be going toward field trips and school parties. The day ended with a delicious BBQ of burgers and hot dogs.



The new Student Council held it's first bake sale. Sitting around the table from the left is Rayne Baga, Lexy Espinosa, Winema Yocum, Nah-Kyha Yocum, Gabriella Poindexter and Chad Baga. Proceeds from the bake sale will help with class field trips and school parties.



Towanits Education Center
 **Students of the Month**



I am new to the Ed Center and so I have not been able to get to know all the students personally, but there is one student who exemplifies what being a good student is. I have chosen Alina Robles for the 3rd grade student of the month. Alina has a good attendance record here. She also comes in quietly and gets straight to work. She always has a smile on her face when I greet her and say goodbye. She is polite and will patiently wait on other students until I can get to her when she needs help. Most of the time however, she is very independent and does not need aid of any sort. You can tell she is an insightful and caring student, willing to help her classmates and others. She is a treasure student to have for these reasons. I can see that her future will be bright. This is why I have chosen Alina as student of the month. If you see her, please congratulate her.

Miss Marie

The Student of the Month for the High School students is Joseph Canizalez. Never in my life have I met anyone so amazingly sure of themselves, and at only fifteen-years-old Joseph is that and so much more. Sure, he is more than a little loud and can be on the short-tempered end of the spectrum; however once you get past all the commotion Joseph is a very complex and bright student. The school year has only just started but he is already pushing above a 3.0 G.P.A so who knows what the rest of the year will bring.

Miss. Angelina



I am proud to announce Linda Lopez as my student of the month for September. Linda is a second grader at Vandalia Elementary school and this is the second year I have had her in my class at the Education Center. Last year I chose Linda as my first student of the month because she was an example and a leader in my classroom. This year, she has somehow been able to improve upon her ability to impress me. If all of the students in my classroom followed the example Linda sets every day, I could probably do my job with my eyes closed and my hands tied behind my back. Linda has already mastered all of her sight words for second grade, and gets 100% on each of her weekly spelling tests. Congratulations Linda, I am certain that you are destined to accomplish great things.

Mr. South

Patient ,sweet, kind, Mercedes Fox has mastered the Golden Rule—and she’s in her first trimester of school. Mercedes loves for her cowgirl clothes to match and she likes horses. Keep up all the great work, Mercedes.

Ladislao Prado





Towanits Education Center



Students of the Month

Marilyn Ruiz is my student of the month. Marilyn is a 4th grade student at Vandalia Elementary. She is a very bright and respectful young girl. Marilyn comes to the Education Center on a daily basis and completes all of her homework. Aside from all the schoolwork, Marilyn still manages to find time to participate in many of the clubs and programs that the Ed Center has to offer. Marilyn attends music class, the Science club, and is currently working on student council. Keep up the great work Marilyn. Mr. Jara



Our first Student of the Month of the school year is NAH-KYHA YOCUM!! Nah-Kyha continuously comes in with a positive attitude and ready to work. Nah-Kyha finishes her homework promptly and accurately. When she comes in with her homework completed early or with no homework, at all she readily completes various number puzzles and mathematical riddles I have set aside for expeditious students such as herself. Nah-Kyha also works diligently on Success Maker when she finds herself without any homework. Congratulations to Nah-kyha Yocum and keep up the hard work!!!

Mr. Garcia

It was a tough choice for my fifth-grade Student of the Month. My criteria was based on participation in class, being a positive role model, and effort in completing tasks. There are several candidates, but the one who stood out with the aforementioned tenets of super student is Aiyahna Guerra. Aiyahna enjoys playing the clarinet, learning karate, and is considered by many as the “Queen of Tether Ball.” We are all very proud of you Ms. Guerra.



Ladislao Prado



Our student of the month is Paradise Wheeler. She is a first grader at Citrus South Tule School. She comes into our classroom quietly, gets her homework out and starts working right away. She is a great role model for her classmates!! Keep up the great job with your homework, Paradise.

Miss Angelina & Mrs. Price

Meet the 2013/2014 Towanits Education Center Staff

School started the end of August and the Tule River Education Department thought it would be nice to introduce the 2013/2014 teachers and staff to you.



Jason Berrones Porter
Assistant Education
Director



Maureen Price
Lead Teacher



Debra Lykins
Adult Education &
Teacher of Records



Stephanie Winney
Butterfield Charter
High School



Ladislao Prado
K & 5th Grade



Angelina Leon
1st Grade & High School



Mr. South
2nd Grade & High School



Marie Aromia
Thrid Grade



Raul Jara Jr.
Fourth Grade



David Renegar
Computer Tech



Savannah Garcia
Computer Lab
Tutor



Alfonso Noriega
Crossing Guard



Shelisa Yacuta
Librarian



Denise Silva
Secretary



Nalani Peyron
Playground Supervisor

Daniel Garcia, a teacher for the fourth grade and Amber Perez, a tutor, were unavailable for a photo at press time.



Veronica McDarment, Stephanie Llamas and Julie Silva are the Transporters for the Education Center.



Transporters for the Study Center from the left are Tammy Montijo, Lawrence Tovar, Cathy Vera, Maria Camarena, Joel Avila, Sonia Corona, and Lupita Andrade.

Meet the 2013/2014 Tule River Studery Center Staff



Cassandra Williams
Lead Teacher



Charlotte Nebeker
Kindergarten Teacher



Rachel McDarment
Kindergarten Teacher



Victoria Barrera
First Grade Teacher



Etie Brumley
Second Grade Teacher



Juile Espinoza
Second Grade Teacher



Kari Carrillo
Third Grade Teacher



Natashia Lopez
4th & 5th Grade Tutor



Jeanne Adams
Sixth Grade Teacher



Dr. Deloris Crittenden
Sixth Grade Teacher



Monica Lopez Franks
Jr. High School Teacher



Ryan Fernandez
High School Teacher



Tova Braun
High School Teacher



Vanessa Rodriguez
Tutor



Maria Salazar
Dual Teacher



Mayra Castaneda
Dual Teacher



Vanesa Casillas-Ramos
Teacher (Resource)



Ron Carrillo
TEP Program Specialist



Alan Gonzalez
Outreach Coordinator



Christy Alfaro
Secretary



Fabiola Hernandez
Security Officer



Mitch Irland
Maintenance



Tule River Indian Study Center
 ~Metsunits~
 August ~ Courage



"Courage is not the absence of fear, but rather the judgment that something else is more important than fear." - Ambrose Redmoon

We nominate Kyle Barrios for this month's student of character because he portrayed tremendous courage during the first week of school. As a high school student, Kyle admitted that the first week of school tends to be a little nerve racking because of new classes and teachers. Despite these uncomfortable feelings, Kyle has focused his attention on living courageously. We feel that Kyle Barrios has the potential to be a student leader due to the courage he exhibited his first week of school.

Mr. Fernandez and Ms. Braun

Uriah Franco has shown a huge amount of courage in the first few weeks of school. Beginning this school year, she has been attending Doyle Elementary School. She was accustomed to her friends at her old school and misses them very much. Even so, she put on a brave face and went to her new school the first week. That school was full to capacity, so she changed to Doyle a week later. Uriah is happy with her new teacher and positive about what will come at Doyle.



Mrs. Adams



Agustin Duran is our nominee for the August Student of Character. He is a good student in all subjects and is always helping his classmates with math problems, the meaning of some tough vocabulary words, or just giving advice about everyone doing their share to keep the library in good shape for all the kids here. (Dr C's sixth grade class decided to take the library as our special school year project since we are so close to it, and we can keep it ship shape for all the students to use). Agustin is a popular volunteer with the first graders in Miss Victoria's class. He is anxious to help our young scholars with their math and helps them with reading an interesting book each week. Agustin is a wonderful friend to all our students from the very youngest to the older students. He is certainly one of the most caring people among us and shows it. Just so, you are aware, though, Agustin loves a good prank, too!

Dr. C

For the month of Courage, I have chosen Nathaniel Carrillo. He has shown great courage in the beginning of the school year. He has learned how face one of his biggest fears of change. He has gone into a new school and has enjoyed it. Nathaniel is a great example of courage.



Mrs. Ramos





Tule River Indian Study Center
 ~Metsunits~
 August ~ Courage



I would like to nominate Jazmyn Rodriguez for showing Courage this month. Jazmyn had to start a new school alone and yet she was not scared. Jazmyn has an open heart and anytime she feels she is having a problem Jazmyn will talk to a teacher without being afraid. I enjoy having Jazmyn in my class and look forward to seeing her each and every day.
 Thank you, Julie

Courage. A word mostly associated when describing the brave and powerful, the physically strong and the intimidators. And while these enforcers often get the job done, there's a whole other group of valor claimers who have equally earned the right to the courage title. Gauge Martinez is one such courage earner. Though not known for his heart of gold, yet, Gauge earns his gold medallion for moral courage. With the ability to, "act rightly in the face of popular opposition," he has proven that standing up to his peers for what is right is important to him. I congratulate Gauge, and nominate him for this month's student of character.
 Ms. Victoria



Tule River Indian Study Center
 ~Metsunits~
 September ~ Honestly



Kristina Vigil is a lovely child to have in class. She is a diligent Student and works well with her fellow classmates. I am pleased to be nominating Kristina for her honesty this month. Throughout these first weeks of School, she has shown honesty by politely telling the truth either freely or when asked a question. Kristina is always very cooperative when responding to Teacher's questions regarding classmates, students or our classroom rules and etiquette. I am happy and proud to have her in my Kindergarten class here at T.R.I.S.C.
 Ms. Rachel

I would like to nominate Kalaya Peyron for Honesty. Kalaya is very hard working and comes to TRISC with a lot of homework daily. She follows the schedule by getting her homework done. Whenever I have asked Kalaya a question, she has always told me the truth. Kalaya is a joy to have in my 2nd grade class.
 Ms. Julie





Fire Prevention Night @ the Tule River Gym October 10, 2013 @ 5:30pm



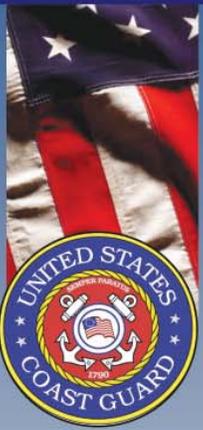
*Tule River Prevention Team Presents
Alcohol & Drug Free
Community Event
Family Formation/Family Fun*

- Fire Safety
- Guest Speaker
- Refreshments
- Activities
- Door Prizes



For more Information Call Tule Gym 782-5554 x2100





Tule River Native Veterans Post 1987

Recruitment BBQ/Potluck

Saturday-October 19, 2013

Noon to 3:00p.m.

TRNV Post 1987 Building

The Tule River Native Veterans Post 1987 (TRNV) will host a BBQ/Potluck to recruit new members. All Tule River Tribal Veteran members and spouses of Tule River Veterans are welcome to attend.

Eligibility to become TRNV member requires that they have served in the Armed Forces and are interested in participating with the Color Guard during Pow-Wows and other Community Events.

Tule River Native Veterans Post 1987
356 N. Reservation Rd
Porterville, CA 93257
(559) 781-4271
ext. 1052

Please R.S.V.P. your attendance for the BBQ/Potluck by calling: (559) 781-4271 ext. 1052. The Tule River Native Veterans Post 1987 members will be available at the BBQ to answer any questions.

Veterans Pictured Above: Navy-Sylvester Garfield, Army-Timothy Anderson & Marcus Rodilez, Marine Corps- Sy Gibson & Isidore Garfield, Air Force-Luther Garfield

R.N



A little history

A Halloween Story©

A story by Lawrence Garfield written by his wife Andy Garfield



Andy Garfield

Sometimes in the evenings, a few of us young boys would get together and go visiting. On this particular moonlit night, it was Big Donald, Sylvester, Patrick, Johnny Eugene and me. Patrick and Johnny were younger than the rest of us who were about eleven or twelve.

We were going to visit our friend 'Chink' whose real name was Fernando Hunter. He was Eddie Hunter's son. 'Chink' was his nickname.

Their home was on the other side of the river below the Lower Graveyard. Actually, the graveyard wasn't far away. We could see it from Eddie's home.

Back then, the river and the land had lots more trees than now. Along the river was more like a little jungle tangled with vines, bushes, weeds, grass, with a variety of trees, big, small and everything in between. There were also a variety of natural paths winding about and around fallen logs, big rocks and other obstacles.

When we arrived at Eddie's house, we sat around visiting and playing cards, just having a good time.

Eddie, his wife, Frances and a couple other adults whose names I cannot remember were also visiting. We didn't pay much attention to them as they seemed old to us. When night began to fall Eddie and his friends came over to where we were playing. Sitting down, Eddie called to us to gather around to hear stories. Eddie was a great storyteller. We loved to listen as one story drifted into another. We were always ready to hear stories. He would talk about relations of long ago, spirits, and ghosts.

They would tell about how a ghost chased one of them down the road, another person saw ghosts coming out of the nearby graves.

We all sat silently as we listened. We tried to look unconcerned as we thought about our return trip home down the hill, though the over grown riverbed. We thought about the paths winding through the trees around vines, bushes, rocks and fallen logs. In our mind, we were seeing dancing shadows leaping out at us, maybe grabbing us for some ghoulish, fiendish reason. Goose bumps raised on our skin, which, thankfully couldn't be seen in the dimming lights as darkness fell.

One big old oak tree in particular was supposed to be haunted by a crooked necked Indian who was hung on this very same tree. This we were told when we were much younger. Also, we never wondered how a headless man with a crooked neck was hung. We were believers.

Frances, Eddie's wife, sat quietly nearby as Eddie carefully and skillfully wove his tales of spirits and ghosts. She always had a faint smile on her face.

After the night had totally taken over the land and Eddie and his old friends had totally terrorized our imaginations, Eddie said, "Well boys it's time to go home now." We all wanted to jump into bed with him!

Bravely we got up and bravely we walked away toward the river and home, trying to show complete fearless composure. As Eddie's house got further and further away our pace begin to quicken until we were in a dead run. Each of us was trying to keep ahead in case someone or something tried to snatch us up from the rear. All 'snatching' happens in the rear when you are little, from something you never see.

The noise we made startled all the small creatures of the night. As we fled, they fled which alarmed the cattle drinking or grazing near by the river. Of course, the cattle being larger snapped the bushes and rattled the tree branches, as their feet sent rocks clacking. This caused all of us to move faster. The little guys and Donald were trailing behind. When the younger ones began to cry we had to slow down so they could catch up. Poor old Donald, he was naturally fat and found running a chore even with a ghost on his heels.

Making it alive to the other side of the river, we stood on a little hill yelling encouragement to Donald, "Come on Donald," we called, "The ghosts are going to get you." Huffing, puffing and still running Donald yelled Back, "I'm going to get you guys when I catch up."

Soon enough we were all safe at home with another adventure to remember. Thanks to Eddie Hunter for giving us another story to tell.

PS: Something I forget to mention in the past, Dennis Garfield was also part of our age group of kids. I guess I keep forgetting him because he was always so quiet and easy going and he didn't always go with us.

Guess Who?

WANTED

Old photos to share for the "Guess Who Game" If you would like to share please bring your old photos to the Tribal Offices so they can be scanned and the game will be on! For more information give me a call at 781-4271, ext.1047 send me an email at news@tulerivertribe-nsn.gov or just come by the Tribal Office.

He is!



The man on the horse is Lawrence Garfield, Lawrence Garfield's grandfather. The picture was taken before 1927. Thank you to Mr. Garfield for sharing this picture.

The Tule River Tribal Council
&
their employees express
heartfelt condolences
to the family of

Thomas Lee Gibson

*We ask that God send his blessings to you
during this difficult time.*

*We can't express how much
we share your sorrow.*

The Tule River Tribal Council
&
their employees express
heartfelt condolences
to the family of

Joel Carothers

Please know that you are in our prayers.

*We ask that God send his blessings to you
during this difficult time.*

Telemedicine At Tule River Indian health Center

What is telemedicine? Telemedicine is the use of telecommunication and information technologies in order to provide clinical health care at a distance. It helps eliminate barriers and can improve access to medical services that would often not be consistently available in distant rural communities.

What type of specialties we have at Tule— All of our services are provided by UC Davis Medical Center. UC Davis is one of the top 50 hospitals in America reported by the U.S. News & world report survey in 2011. The services we offer here are Psychology, endocrinology and nutrition.

Psychology clinical conditions include: (acute stress/loss or other) (anxiety/panic) (depression/bipolar disorder) (Pain/physical focus-hypochondriasis, conversion) (attention deficit) (confusion, delirium) (dementia) (head trauma) (Schizophrenia) (diagnostic evaluation: general) (eating disorders: anorexia, bulimia) (impulsivity) (anger/agitation/aggression) (hyperactivity) (substance abuse)

Endocrinology clinical conditions: (Diabetes Mellitus Type 1 or 2) (hypoglycemia, hypoglycemia awareness) (thyroid disorders) (thyroid disorders) (pituitary disorders) (adrenal disorders) (hypogonadism) (osteoporosis) (hypocalcaemia) (PCOS)

Nutrition clinical conditions: (diabetes types I and II, gestational) (hyperlipidemia) (obesity) (post-bariatric surgery- >1 year from surgery) (polycystic ovarian syndrome) (hypertension) (congestive heart failure) (food allergies) (GI disease-pancreatic insufficiency, diverticulitis, IBS, IBD, Celiac Sprue) (Pediatric nutrition) (malnutrition/failure to thrive) (renal disease) (enteral nutrition)

Now to get these services what do I have to do?

To get these awesome services you need to come into the clinic and see your primary doctor or any provider and get an evaluation and be referred to the service you would like to have. You also can see more than one, even all three if needed. Don't miss out on these incredible services we have here! There is great information waiting for you!



UC DAVIS
MEDICAL CENTER

Tule River Indian Health
center Porterville, CA
93257

Phone: 559-784-2316
Paula Gomez ext. 110
Trestene Carabay ext. 406
E-mail: paula.gomez@carih.org

A grateful recovery



Pictured with Fatima is her Husband Jose Cota Jr. who also says that he is grateful for his recovery and the restoration that it brought to his life.

My Name is Fatima Cota. I am a grateful recovering addict. I live here on the Tule River Reservation. I recently graduated from the TRIHCI Behavioral Health Substance Abuse Program. Through Lisa Graham, I am very thankful for Lisa's knowledge as well as being very thankful for other client's knowledge. I lost my eldest son a little over two years ago. Soon after that, I went mentally insane without even realizing it. It took me two years to see the light. I did not want to hear it from my family so I did everything to avoid them. I was very angry. I hurt a lot of loved ones. I am very thankful for my mother-in-law also. She allowed me in her home to detox. Thank you Yrene.

My life was unmanageable, that I admitted to. That was the hardest thing to ever have to admit; and I admitted I had a drug problem. Today I am still active in my recovery. I am going to the TRAP meetings, Talking Circles and meetings in the city. I now use my tools in my recovery. Honesty is a great feeling. All my family members are back in my life. I am very thankful for this.

**To forgive others is great.
To be forgiven is even greater.**

*Written by,
Fatima Cota*

The Tule River Tribal Council
&
their employees express
heartfelt condolences
to the family of

Louis Carabay

*May the peace of God be with you during your
time of sorrow.*

*Remember us among the many who are
thinking of you with sympathy.*

WANTED

FOR 'A LITTLE HISTORY'

Do you want to share your old photos?

Do you have some Tule River history
you would like to share?

Do you have some interesting
stories you would like to tell?

If so please give me a call
at 781-4271, ext.1047,

send me an email at

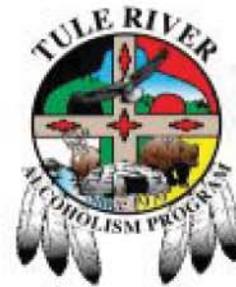
news@tulerivertribe-nsn.gov

or just come by the Tribal Offices
for a visit and a talk.

I would love to hear from you.



Tule River Alcoholism Program
1012 North Reservation Road
PO Box 589
Porterville, California 93257
Office 559-781-8797 * Fax 559-781-6229



News from TRAP

Teen heroin use: An unfortunate reality

When Cory Monteith died in July of an accidental overdose of heroin and alcohol, people were shocked because the 31-year-old actor, well known for his portrayal of a high school athlete on the TV show, “Glee,” didn’t fit the stereotype of a heroin user.

The fact is that 3 in 100 U.S. high school students have used heroin. This alarming statistic comes from the Centers for Disease Control’s most recent survey of 15,425 students in grades 9-12 from 42 states. Keep in mind that the students surveyed were *in school* — teenagers who are truant may be at higher risk.

Derived from a plant, but lethal as a gun. Synthesized from the opium poppy for the first time in 1874, heroin is one of a group of very strong pain-killing drugs called narcotic analgesics or opioids. Heroin turned out to be so addictive that it has been illegal in the United States since 1924. Today, heroin is smuggled into the United States from Southeast Asia, Southwest Asia, Latin America and Mexico.

Heroin use often starts with abuse of a prescription painkiller that a teen finds in the medicine cabinet at home. Nearly half of young people who use heroin reported abusing prescription opioids like ‘Oxycontin’ or ‘Vicodin’ first. On average, the painkiller abuse started two years before heroin use. Users turn to heroin when it’s easier to get than prescription pills: 25 percent of high school seniors report they could easily obtain heroin.

Today’s heroin is more lethal than ever because it’s:

- **Purer:** In 1980, heroin was only 4 percent pure; heroin today is 40 percent pure.
- **Stronger:** Young people might think twice about “shooting up” to get high. Heroin today is so strong that users can get high merely by snorting or smoking it. And over the past decade, fewer teens have thought that heroin use was risky.
- **More addictive:** Purer and stronger heroin means more addictive heroin. One in four people who use heroin become addicted.

Heroin use comes at a high cost. The average heroin addict spends \$150 to \$200 per day on drugs. But the greatest cost cannot be measured in dollars; heroin overdose resulted in over 164,000 emergency room visits across the United States in 2006.

The high and low sides of heroin... Heroin reaches the brain 7 or 8 seconds and binds to opioid receptors, giving the user a surge of euphoria known as the “rush”. Next the user goes “on the nod,” meaning alternately awake and drowsy. With repeated abuse, heroin changes the brain. Users develop “tolerance,” which means that more and more heroin is needed to achieve the same high. Other complications include heart infections, liver and kidney disease, or infections like pneumonia, HIV and hepatitis C. Opioid receptors are also involved in breathing, which is why one dose of heroin can be lethal.

A heroin addict must have heroin every 8 to 12 hours to avoid the dreaded withdrawal symptoms. Withdrawal symptoms include restlessness, muscle and bone pain, insomnia and diarrhea. Sudden withdrawal by heavily dependent users can be fatal.

October is Breast Cancer Awareness Month

think Pink

Think pink.

Think health.

Think breast cancer awareness.

In the Pink

Some healthy habits that also have the added benefit of lowering your risk of breast cancer include:

Maintaining a healthy weight

- It's a matter of balance— you need to use up as many calories as you take in to maintain your weight
- Tipping the scales—to lose weight you need to use more calories than you take in
- To find where you stand; use the BMI calculator on this page.

Getting a daily dose of physical activity

- Everyone is different, but 30 minutes per day of moderate-intensity activities like brisk walking is a good start for most of us.
- Being physically active has the added benefit of burning calories, which can help with maintaining a healthy weight.
- It adds up – You don't have to do it all in one stretch—ten minutes here, 20 minutes there works well, too.

Limiting alcohol

- A good rule of thumb is one drink or less per day—cutting out alcohol all together saves you calories though, which makes it that much easier to maintain a healthy weight

Be Aware, Not Anxious

The good news is that most changes in the breast are not cancer. In fact, most abnormal results from mammograms are also not cancer.

Nevertheless:

- Be aware of changes in your breasts, including your nipples. If you come upon any changes, share this information with your physician or healthcare professional.
- Know your family history of breast cancer and share this with your physician. Do you have any close family members, such as a mother, sister, daughter, or father, who had or has breast cancer? Let your physician know; more frequent mammograms or other testing may be recommended.

According to the most recent figures from the National Cancer Institute, about one in eight women will be diagnosed with breast cancer during her lifetime.

think Pink

OCTOBER IS BREAST CANCER AWARENESS MONTH
SIX THINGS YOU NEED TO KNOW: www.FOH.hhs.gov/OCT



Six things you need to know:

1. Get Screened.

Mammograms are the best tests doctors currently have to find breast cancer early. Catching breast cancer early is important, so talk to your physician about when you should start being tested and how often.

2. Keep yourself healthy.

Regular exercise and a healthy low-fat diet are associated with a lower risk for breast and some other cancers, so stay on course with your exercise routine and good eating habits.

3. Know your family history.

Do you have any close family members such as a mother, sister, daughter or father, who had or has breast cancer? Let your physician know; more frequent mammograms or other testing may be appropriate.

4. Be aware.

As you age, your risk of being diagnosed with breast cancer increases, so be aware of sudden changes you see in your breasts and nipples and let your physician know about them. Also keeping up with your regularly prescribed mammograms becomes even more important as you age.

5. Its not all bad news.

If you have a mammogram that shows abnormal results, do not worry; many women are given additional tests and most are not diagnosed with cancer. In fact, most changes in your breasts or nipples are not Cancer; nonetheless, it is important to share information about any changes you see with a healthcare professional.

6. Progress is being made.

According to the most recent data from the National Cancer Institute, death rates for breast cancer continue to decline. The rate of newly diagnosed cancer cases is also decreasing. Both of these facts appear to be good indicators that we are making progress toward a more hopeful future for those affected by the disease.

Pow-wows & Things



Oct. 5 & 6 - 21st ANNUAL CHUKCHANSI POW-WOW - Chukchansi Pow-wow Grounds, 711 Lucky Lane, Coarsegold, CA - Info: Orianna Walker 559-389-4387 or e-mail alcantar93614@yahoo.com.

Oct. 5 & 6 - 5th ANNUAL BIG TIME GATHERING AND INTER TRIBAL POW-WOW - Midway Park Lucerne Valley, CA - Info: Ophelia Sowally Porter 760-885-5924 or e-mail ophelia@nativeamericanbead.com.

Oct. 5 - BERKELEY INDIGENOUS PEOPLES DAY POW-WOW - Civic Center Park, Allston Way and M.L. King Way, Berkeley, CA - Info: Gino Barichello 510-595-5520, e-mail info@ipdpowwow.org or on the web at <http://ipdpowwow.org>.

Oct. 19 - AUBURN BIG-TIME POW-WOW - Auburn Gold Country Fairgrounds, 1273 High Street, Auburn, CA - Info: Loren Nakai 530-888-8757 or e-mail loren@sierranativealliance.org.

Nov. 16 - 3rd ANNUAL RIDGECREST TRADITIONAL CHEROKEE HOG FRY & INTER-TRIBAL POW-WOW - Desert Empire Fairgrounds, 520 South Richmond Road, Ridgecrest, CA - Info: Little Deer Durvin 760-382-4096 or e-mail durvin53@verizon.net.

Nov. 23 & 24 - SOUTHERN CALIFORNIA INDIAN CENTER, INC. 45th ANNUAL POWWOW - OC Fair & Event Center, 88 FAIR DRIVE - BUILDING #10, COSTA MESA, CA - Info: 714-962-6673, E-mail: SCICPW@indiancenter.org.

Nov. 30 - 30th ANNUAL CSUN POW-WOW - California State University, Northridge CA, Info: Scott Andrews 818-677-3418 E-mail: scott.andrews@csun.edu.

Nov. 29-Dec. 1 - CABAZON INDIO POW-WOW - Cabazon Indian Reservation Special Event Center, CA - Info: Judy Strapp 760-238-5770, e-mail jstapp@cabazonindians-nsn.gov or on line at www.fantasyspringsresort.com.

18th Annual - 2013
Chumash Inter-Tribal Pow-Wow
 LIVE OAK CAMPGROUND - OPEN TO THE PUBLIC

our Native Way

Kiyiswana'n

A ZERO WASTE Event

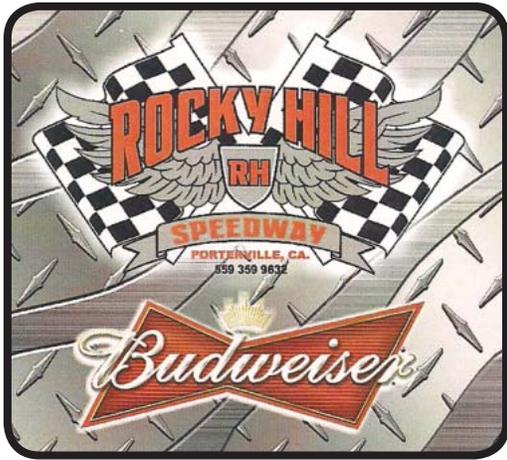
Saturday, October 5th, 10:00 am - 10:00 pm
 Sunday, October 6th, 10:00 am - 6:00 pm

HEAD STAFF

HOST NORTHERN DRUM:	Cathedral Lakes Singers Steamboat Canyon, AZ	HEAD MAN DANCER:	Clifton Goodwill, Cree, Ojibwe, Lakota - Dakota, KS
HOST SOUTHERN DRUM:	Long Walk Descendants, Navajo Nation, NM	HEAD WOMAN DANCER:	Danita Goodwill, Osage, KS
MASTER OF CEREMONIES:	Earl Neconie, Kiowa, CA	HEAD GOURD DANCER:	Kenneth Cozad, Comanche, AZ
ARENA DIRECTOR:	Ben Wolf, Kiowa, CA	HEAD DANCE JUDGE:	Rene Navarro, Apache, CA
WHIPMAN:	Pete Zavalla, Comanche, CA	HEAD DRUM JUDGE:	Randy Pico, Luiseno, CA
		TABULATOR:	Eva Garfield, Hopi, CA

CAMPING \$25.00 **PARKING** \$5.00

Artwork by: Raymond Paul Ventura Sr.



Rocky Hill Speedway now offers weekly racing on Saturday nights. Just see what is in store for you for the next few months:

October 5

Mini stocks
American stocks
Hobby stocks
Sport Mods
Powder Puff
October 19

**** Special event****
Dearl Noland Memorial
Mini stocks
Super 4's
American stocks
Hobby stocks
Modifieds
November 2
Hobby stock open show
(More to be added)

Monday November 11
**** Special event****

Veterans Day Race
Mini stocks
American stocks
Hobby stocks
Gates open at 2 p.m.
Racing starts at 4 p.m.
November 22 and 23

**** Special event****

Turkey Day Shootout
Mini stocks
Super 4's
American stocks
Hobby stocks
Sport Mods
Modifieds

Pit gates open at 2 p.m.,
Grandstands at 5 p.m. and
racing starts at 6 p.m. Cost?
- Car & Driver \$45 - Pit
Pass \$25 - Adults 12 & Up
\$10 - Kids 6-11 \$5 - Kids 5
& Under Free and Seniors
65 & up and Military (with
ID) \$5.

2231 E. Olive Dr., Porter-
ville - Just east of Granite
Hills High School - "Where
Olive ends, racing begins."
For more information, call
359-9632 or 359-6887.
These events are partly
sponsored by Eagle Moun-
tain Casino and Tule River
Tribal Council.

Hope to see you all there!

**\$5 PER
TICKET**



TURKEY SHOOT-OUT RAFFLE



**ENGRAVED 22 CALIBER HENRY GOLDEN BOY
OCTAGONAL BARREL, LEVER ACTION
SPONSORED BY: SIERRA SPORTSMAN
1488 E OLIVE PORTERVILLE**

**GYPSY COWGIRL GIFT BASKET
LADIES CAMO PURSE, HIS & HERS WALLETS,
BLING SUNGLASSES
VALUED AT \$130
SPONSORED BY: GYPSY COWGIRL
PORTERVILLE**

**\$100 GIFT CERTIFICATE
SPONSORED BY: EVANS FEED
79 WEST ORANGE, PORTERVILLE**

PLUS OTHER GREAT PRIZES!

**DRAWING TO BE HELD NOVEMBER 23 2013
AT ROCKY HILL SPEEDWAY'S TURKEY SHOOT-OUT**

NEED NOT BE PRESENT TO WIN

**TO PURCHASE TICKETS CONTACT US ON FACEBOOK / ROCKY HILL SPEEDWAY
OR CALL JOANIE DALE 559-789-5998**

Eagle Mountain Casino woos Springville



Loni Alonzo, Tom Stewart, Misty Handley and Mary Farmer all from Eagle Mountain Casino were at the Springville Chamber of Commerce Cellars & Chefs fundraiser last month promoting the River Steakhouse.

Springville held their Annual Cellars & Chefs fundraiser last month showcasing local winery's and restaurants giving attendees a chance to taste.

Tom Stewart, Eagle Mountain Casino Manager was on sight with Mary Farmer, Loni Alonzo and Misty Handley offering delicious treats from the River Steakhouse. Those present not only had the opportunity to taste the great venison rapped asparagus and stuffed mushroom appetizers but some very tasty baked goods as well while the quartet promoted the casino too.

Sept. 18 - Nov 3
RIVER STEAKHOUSE SPECIAL
2 FOR \$50.00



- 1 lb of slow roasted Prime Rib for two
- 2 Lobster tails
- Soup or Salad

Reservations - 800.903.3353

7 DELICIOUS ENTREES \$26 AND UNDER

Including New York Steak, Petite Filet and Salmon.

Reservations suggested.
800.903.3353

Exeter man takes home \$15,951



Leon Johnson and his girlfriend hold the big check for \$15,951.18.

Leon Johnson from Exeter went to Eagle Mountain Casino to have some fun and try his luck. As Leon played the Fireball penny progressive slot machine at Eagle Mountain Casino, he hit the largest jackpot of his life taking home a cool \$15,951.

“After playing this slot machine for around fifteen minutes three random Fireball symbols landed on the screen igniting the bonus round and the bells started ringing. He thought he had hit a \$5,951 jackpot until a slot tech came over and informed him that he had hit the ten times pay for a \$15,951 jackpot,” said Jim Valencia, Public Relations Coordinator for Eagle Mountain Casino.

“I was completely shocked and in disbelief, but feel very blessed,” said Leon of his good fortune. “My girlfriend and I decided to go to Eagle Mountain Casino and try our luck, we had a lot of fun; the atmosphere and the staff were great.”

“More winners and more ways to win really happen here at Eagle Mountain Casino,” said Marketing Director, Matthew Mingrone.



The Godfather

NOW ON THE CASINO FLOOR

Bakersfield man hits 10 grand at EMC



Lawrence Putnam took home a cool \$10,000 last month.

Lawrence Putman, from Bakersfield, went to Eagle Mountain Casino to try his luck. After playing for about 15 minutes on the Black & White Double Jackpot reel slot machine with Quick Hit feature he had a reason to smile as he hit the largest jackpot of his life taking home a \$10,000 jackpot.

“When I saw that all three Quick Hits were lined up on the pay line, I knew I had hit the \$10,000 jackpot. I was in disbelief, it is the largest jackpot I have ever hit,” said Lawrence of his good fortune. He continued by saying, “I love going to Eagle Mountain Casino because I win more often.”

“Lawrence was completely shocked, but felt very blessed to have won this much money,” said Jim Valencia, Public Relations Coordinator at Eagle Mountain Casino.

It was 'Midway Madness' at EMC



Loida Buerkle went home with \$13,000 as the first place winner of the Midway Madness Slot Tournament.

The Midway Madness slot tournament wrapped up on September 7 with Loida Buerkle winning the \$10,000 grand prize and a total of \$13,000 during the entire tournament.

Second place winner was Domenick Raimondo winning \$3,500 in cash on the final weekend and a total of \$5,250 during the tournament.

Each week during this promotion \$7,500 was up for grabs and on the final weekend \$20,900 was split between 1st and 10th place.

Eagle Mountain Casino’s next two promotions will be the \$50,000 - Big Cash Bonanza which started September 12th through October 6th and the \$140,000 - Fall into Cash from October 11th through November 24th. For more the details of these two promotions contact the Summit Club at 559-788-1897.

**33rd Annual
Springville Apple Festival**
October 19 – 20, 2013
Located in downtown Springville, California
Come Enjoy: Food – Fun – Shopping
Music – Entertainment – Apple Run
Fat Tire Classic Race & MORE!
Booths open at 9 a.m.
 Visit: <http://springville.ca.us/applefest/>
559-539-0619

**Eagle Mountain Casino proudly presents
Live Music in the Lounge
Every Friday & Saturday nights
from 9 p.m. to 12 a.m.**

October 4 & 5 Los Moonlighters
October 11 & 12 Richie Blue
October 18 & 19 Prisoners of Love
October 25 & 26 Mother Teresa & Sinners

HALLOWEEN HAVOC

Main Event

John Salter	VS	Jaime Jara
9-3	Record	34-14
6' 1"	Height	6' 1"
185	Weight	185

Co-Main Event

Cody Gibson	VS	TBA
9-3	Record	
140	Weight	140

Sergio Cortez	VS	Tony Llamas
8-8	Record	11-14
150	Weight	150

David Jimenez	VS	David Sierra
0-0	Record	3-1
155	Weight	155

Hugo Montes	VS	Antonie Smith
2-0	Record	0-1
155	Weight	155

Lasers Sanchez	VS	Pedro Mercado
1-2	Record	8-3
Heavy	Weight	Heavy

Zac Ellis	VS	Yasser Pezzat
0-0	Record	0-0
185	Weight	185

Amanda Guerra	VS	Amber Tackett
1-0	Record	0-0
125	Weight	125

Devin Crook	VS	Robbie Viera
0-0	Record	0-0
135	Weight	135

Sameth Suon	VS	Diego Diaz
1-2	Record	0-0
145	Weight	145



What's Happening in the Event Tent

October 13 - Latin Grammy Award nominated Mexican musician and composer **ESPINOZA PAZ** will be at Eagle Mountain Casino. Come see Espinoza Paz perform hits like "Lo Intentamos", "El Proximo Viernes", "Un Hombre Normal" and many more.

October 19 - **LATIN LEGENDS** - A compilation of Latin Oldies will come together on stage for one night at Eagle Mountain Casino! Come see **THEE MIDNITERS WITH SPECIAL GUEST LITTLE WILLIE G, TIERRA, MALO, JOE BATAAN, SUNNY AND THE SUNLINER, RENE Y RENE and AALON.**

October 25



WARRIOR'S CAGE HALLOWEEN HAVOC III - The best in mixed martial arts the valley has to offer. Check out the Fight Card to the left!

Please note: "Concerts are open to persons under 18, for Tribal members only, excluding adult comedian shows and the Warrior's Cage Fights."



December 11, 2013 **Charlie Daniels Band**

Tickets prices: \$40, 60 and \$85

Tickets on sale Friday, September 27th

Bingo Hall Doors open at 6:00pm

7:30pm Showtime

* Premiere Club Members receive \$5 off per ticket when purchased at the Hotel Gift Shop Only

The Sunset Lounge

Tachi Palace

Friday - The Red Bloods

Saturday - Blue Jacket

Sunday - Bandas y Groupos



October Birthdays



*Tribal Council wishes all a very
Happy Birthday!
& Happy Halloween Two!*

October 1

Haley McDarment
Paisley Peyron

October 2

Aissa Arriaga
Lewis K. Christman
Ronii Santos
Chelsea Sestini
Frank Silvas

October 3

Floyd Franco Jr.
Marissa Gomez
Ashley Gotschall

October 4

Pona Anderson
Ira Garfield
Martin Martinez Sr.
Vance Peyron

October 5

Rosanna Alvarez
Francis Brown
Christina Hatfield
Neil Peyron II
Jose Valdez

October 6

Nicholas Arriaga
Marian Carabay
Jasmine Curlin
Shanna Dashner
Marcia Estrada
Billy Farmer Sr.
Evelyn Lamotte
Rosalie Lincoln
Angela Moreno
Steven Peyron Jr.

October 7

Michael W. Carrillo
Lindsay Ilar
Estrella Lucas
Salvador Rios

October 8

Aleena Burt
Justin Carothers
William Carrillo Jr.
Tah-Wun-Nahl Gibson
Jacinda Hunter
Daniel Ramos

October 9

Tionay Burrough
Verdo Caldwell
Zariah Christman
Natasha Gonzalez
Taylor Mueller
Lester Nieto Jr.
Alfred Peyron

October 10

Eveangela Ahmed
Corina Parker

October 11

Todd Leon Franco
Peter Martinez III
Gina Pizano

October 12

Kendra Allen
Ryan Garfield Sr.
David Hernandez Jr.

October 13

Vincent Burrough Sr.
Lupe Hernandez
Tommy Jaquez
Michael O. Manuel
John Moreno

October 14

Carmelita Bertoldo
Cecelia Christman
Cole Kambick
Jole Kambick
Gabriella Oebel
Shane Santos
Zane Santos

October 15

Tatiana Desoto
Billy Farmer Jr.
John W. Franco
Michael Munoz Jr.
Zaviah Parker

October 16

Bernard Brown
Christopher Carabay
Jeremie Facio
Jessica Facio
Katrina Franco
Duane Garfield Sr.
Amy McDarment
Kenneth McDarment III
Deanna Vassar

October 18

Eastyn Garfield
Nikki Gibson
Domingo Medrano
Christopher Moreno
Edward Peyron

October 19

Brhea Acosta
Justin Baga
Lorraine McDarment
Nelda Nieto
Sienna Williams

October 20

Danette Carter
Kaitlynn Gibson
Sarah Lewis

October 21

John L. Carothers
Rosalind Pineda
Lillian Rubio
Liliana Santos
Nah-Kyha Yocum

October 22

Adolfo Avila
Lily Garfield
Carrie Ibarra
Jake Ogden
Emidio Rincon-Facio
Edwina Vega

October 23

Kessin Bush
Brent Caldwell
Wa-Hessit Chumacero
Kenneth Frost
Tanner James
Owen Rubio Jr.

October 24

Vivian Christman
Jade Garfield
Orin Rubio
Jessica Servantes
Paradise Wheeler

October 25

Gabriel Carrillo
Francine Flores
Zebariah Franco
Priscilla Jaenke
Fred Rubio Jr.
Vance A. Vega
Secret Wheeler

October 26

Nathan Burt
Joel T. Carothers
Jacqueline Duncan
Michael E. Franco

October 27

Sybil Avalos
Kristopher Bays
Fernando Brown
Cody Hernandez
Alonzo McDarment
Jennifer Montoya

October 28

Dinah Gonzales
Mark Moreno
Audrey Santos
Naomi Vega

October 29

Antonio Franco
Robert Martinez
Natasha Mccog
Samuel McDarment Sr.

October 30

Susanna Brown
Thunder Christman
Delia Gamez
William J. Garfield
Renee Hunter
Todd McDarment
Bobby Sierra

October 31

Braze Farmer
Chris Garfield
Corina Harris
Brian Lara
Tatjana Vega
Tianna Vega



Route 9 expanded on July 1st

Porterville Transit has expanded Route 9 and times of the schedule have changed as of July 1st. Below is the new schedule. Bus transportation is still free to all Tribal Members.

Transit Center	S. Plano and Olive	S. Plano and Andres	S. Plano and Chase	Eagle Mtn Casino Park n Ride	Tribal Office (Southside)	Eagle Mtn Casino	Reservation Rd Loop	Eagle Mtn Casino	Tribal Office (Northside)	Eagle Mtn Casino Park n Ride	Eagles Nest	S. Plano and Poplar	S. Plano and River	S. Plano and Miranda	South County Justice Center	Transit Center
6:00 AM	6:03 AM	6:04 AM	6:06 AM	6:13 AM	6:38 AM	6:45 AM	6:52 AM	7:00 AM	7:02 AM	7:30 AM	7:36 AM	7:41 AM	7:43 AM	7:45 AM	7:47 AM	7:49 AM
7:00 AM	7:03 AM	7:04 AM	7:06 AM	7:13 AM	7:38 AM	7:45 AM	7:52 AM	8:00 AM	8:02 AM	8:30 AM	8:36 AM	8:41 AM	8:43 AM	8:45 AM	8:47 AM	8:49 AM
8:00 AM	8:03 AM	8:04 AM	8:06 AM	8:13 AM	8:38 AM	8:45 AM	8:52 AM	9:00 AM	9:02 AM	9:30 AM	9:36 AM	9:41 AM	9:43 AM	9:45 AM	9:47 AM	9:49 AM
9:00 AM	9:03 AM	9:04 AM	9:06 AM	9:13 AM	9:38 AM	9:45 AM	9:52 AM	10:00 AM	10:02 AM	10:30 AM	10:36 AM	10:41 AM	10:43 AM	10:45 AM	10:47 AM	10:49 AM
10:00 AM	10:03 AM	10:04 AM	10:06 AM	10:13 AM	10:38 AM	10:45 AM	10:52 AM	11:00 AM	11:02 AM	11:30 AM	11:36 AM	11:41 AM	11:43 AM	11:45 AM	11:47 AM	11:49 AM
11:00 AM	11:03 AM	11:04 AM	11:06 AM	11:13 AM	11:38 AM	11:45 AM	11:52 AM	12:00 PM	12:02 PM	12:30 PM	12:36 PM	12:41 PM	12:43 PM	12:45 PM	12:47 PM	12:49 PM
12:00 PM	12:03 PM	12:04 PM	12:06 PM	12:13 PM	12:38 PM	12:45 PM	12:52 PM	1:00 PM	1:02 PM	1:30 PM	1:36 PM	1:41 PM	1:43 PM	1:45 PM	1:47 PM	1:49 PM
1:00 PM	1:03 PM	1:04 PM	1:06 PM	1:13 PM	1:38 PM	1:45 PM	1:52 PM	2:00 PM	2:02 PM	2:30 PM	2:36 PM	2:41 PM	2:43 PM	2:45 PM	2:47 PM	2:49 PM
2:00 PM	2:03 PM	2:04 PM	2:06 PM	2:13 PM	2:38 PM	2:45 PM	2:52 PM	3:00 PM	3:02 PM	3:30 PM	3:36 PM	3:41 PM	3:43 PM	3:45 PM	3:47 PM	3:49 PM
3:00 PM	3:03 PM	3:04 PM	3:06 PM	3:13 PM	3:38 PM	3:45 PM	3:52 PM	4:00 PM	4:02 PM	4:30 PM	4:36 PM	4:41 PM	4:43 PM	4:45 PM	4:47 PM	4:49 PM
4:00 PM	4:03 PM	4:04 PM	4:06 PM	4:13 PM	4:38 PM	4:45 PM	4:52 PM	5:00 PM	5:02 PM	5:30 PM	5:36 PM	5:41 PM	5:43 PM	5:45 PM	5:47 PM	5:49 PM
5:00 PM	5:03 PM	5:04 PM	5:06 PM	5:13 PM	5:38 PM	5:45 PM	5:52 PM	6:00 PM	6:02 PM	6:30 PM	6:36 PM	6:41 PM	6:43 PM	6:45 PM	6:47 PM	6:49 PM
6:00 PM	6:03 PM	6:04 PM	6:06 PM	6:13 PM	6:38 PM	6:45 PM	6:52 PM	7:00 PM	7:02 PM	7:30 PM	7:36 PM	7:41 PM	7:43 PM	7:45 PM	7:47 PM	7:49 PM
7:00 PM	7:03 PM	7:04 PM	7:06 PM	7:13 PM	7:38 PM	7:45 PM	7:52 PM	8:00 PM	8:02 PM	8:30 PM	8:36 PM	8:41 PM	8:43 PM	8:45 PM	8:47 PM	8:49 PM
8:00 PM	8:03 PM	8:04 PM	8:06 PM	8:13 PM	8:38 PM	8:45 PM	8:52 PM	9:00 PM	9:02 PM	9:30 PM	9:36 PM	9:41 PM	9:43 PM	9:45 PM	9:47 PM	9:49 PM
shaded Area = Weekend Service																

October Events

Sun

Mon

Wed

Fri

Sat

**U.N.I.T.Y.
Youth Council
Meets Every
Tuesday at 6 p.m.**



13 Slow Pitch Men's & Women's Softball Tournament 8 a.m.



20 Red Ribbon Parade

7 Personal Trainer 6 a.m. & 11 a.m.
Yoga 10 a.m.
Movie Time 4:30 p.m.
Young Girls 4:30 p.m.
Being Clean 5 p.m.
Flag Football 5 p.m.
MMA 6 p.m.
Flag Football 6th-8th 5 p.m.
Teen Weight Lifting 6 p.m.
Flag Football 9th-12th 6:30 p.m.
Tule River Youth 6 p.m.
Men's Basketball 8 p.m.



14 Personal Trainer 6 a.m. & 11 a.m.
Yoga 10 a.m.
Movie Time 4:30 p.m.
Young Girls 4:30 p.m.
Being Clean 5 p.m.
Flag Football 5 p.m.
MMA 6 p.m.
Flag Football 6th-8th 5 p.m.
Teen Weight Lifting 6 p.m.

21 Personal Trainer 6 a.m. & 11 a.m.
Yoga 10 a.m.
Young Girls 4:30 p.m.
Being Clean 5 p.m.
Flag Football 5 p.m.
MMA 6 p.m.
Flag Football 6th-8th 5 p.m.
Teen Weight Lifting 6 p.m.
Red Ribbon Week 5 p.m.

28 Personal Trainer 6 a.m. & 11 a.m.
Yoga 10 a.m.
Movie Time 4:30 p.m.
Young Girls 4:30 p.m.
Being Clean 5 p.m.
Flag Football 5 p.m.
MMA 6 p.m.
Flag Football 6th-8th 5 p.m.
Teen Weight Lifting 6 p.m.

1 TRTC meet 9 a.m.
Mommy & Me 11 a.m.
Tule River Youth 3 P.M.
Language/Arts & Crafts 4:30 p.m.
Flag Football 6th-8th 5 p.m.
Teen Weight Lifting 6 p.m.
Flag Football 9th-12th 6:30 p.m.

8 TRTC Meet 9 a.m.
Mommy & Me 11 a.m.
Tule River Youth 3 P.M.
Language/Arts & Crafts 4:30 p.m.
Flag Football 6th-8th 5 p.m.
Parenting 5 p.m.
Teen Weight Lifting 6 p.m.
Flag Football 9th-12th 6:30 p.m.
Pioneer NAC



15 TRTC Meet 9 a.m.
Mommy & Me 11 a.m.
Tule River Youth 3 P.M.
Language/Arts & Crafts 4:30 p.m.
Flag Football 6th-8th 5 p.m.
Parenting 5 p.m.
Teen Weight Lifting 6 p.m.
Flag Football 9th-12th 6:30 p.m.

22 TRTC Meet 9 a.m.
Mommy & Me 11 a.m.
Tule River Youth 3 P.M.
Language/Arts & Crafts 4:30 p.m.
Flag Football 6th-8th 5 p.m.
Parenting 5 p.m.
Teen Weight Lifting 6 p.m.
Flag Football 9th-12th 6:30 p.m.
Pioneer NAC
Red Ribbon Walk 5 p.m.

2 Personal Trainer 6 a.m. & 11 a.m.
Yoga 10 a.m.
Adult Beading 4 p.m.
FASGirls 4:30 p.m.
Prevention 5 p.m.
Flag Football 5 p.m.
MMA 6 p.m.
Flag Football 6th-8th 5 p.m.
Teen Weight Lifting 6 p.m.
Flag Football 9th-12th 6:30 p.m.
Tule River Youth 6 p.m.

2 Personal Trainer 6 a.m. & 11 a.m.
Yoga 10 a.m.
Elders Meet 10 a.m.
TRB Comm. 10 a.m.
Adult Beading 4 p.m.
FASGirls 4:30 p.m.
Prevention 5 p.m.
Flag Football 5 p.m.
MMA 6 p.m.
Flag Football 6th-8th 5 p.m.
Teen Weight Lifting 6 p.m.
Flag Football 9th-12th 6:30 p.m.
Tule River Youth 6 p.m.
Men's Basketball 8 p.m.
Porterville NAC

16 Personal Trainer 6 a.m. & 11 a.m.
Yoga 10 a.m.
Adult Beading 4 p.m.
FASGirls 4:30 p.m.
Prevention 5 p.m.
Flag Football 5 p.m.
MMA 6 p.m.
Flag Football 6th-8th 5 p.m.
Teen Weight Lifting 6 p.m.
Flag Football 9th-12th 6:30 p.m.

23 Personal Trainer 6 a.m. & 11 a.m.
Yoga 10 a.m.
Adult Beading 4 p.m.
FASGirls 4:30 p.m.
Prevention 5 p.m.
Flag Football 5 p.m.
MMA 6 p.m.
Flag Football 6th-8th 5 p.m.
Teen Weight Lifting 6 p.m.
Flag Football 9th-12th 6:30 p.m.
Red Ribbon Week 5 p.m.

3 TRTC meet 9 a.m.
Basketweaving 1 p.m.
Tule River Youth 4 P.M.
Girls Time 5 p.m.
Flag Football 6th-8th 5 p.m.
Teen Weight Lifting 6 p.m.
Flag Football 9th-12th 6:30 p.m.

10 TRTC meet 9 a.m.
Health Walk 10 a.m.
Basketweaving 1 p.m.
Tule River Youth 4 P.M.
Girls Time 5 p.m.
Flag Football 6th-8th 5 p.m.
Teen Weight Lifting 6 p.m.
Flag Football 9th-12th 6:30 p.m.
Vandalia NAC
Fire Prevention Night 5:30 p.m.



17 TRTC meet 9 a.m.
Basketweaving 1 p.m.
Tule River Youth 4 P.M.
Girls Time 5 p.m.
Flag Football 6th-8th 5 p.m.
Teen Weight Lifting 6 p.m.
Flag Football 9th-12th 6:30 p.m.



24 TRTC meet 9 a.m.
Tule River Youth 4 P.M.
Girls Time 5 p.m.
Flag Football 6th-8th 5 p.m.
Teen Weight Lifting 6 p.m.
Flag Football 9th-12th 6:30 p.m.
Vandalia NAC
Red Ribbon Speaker Night 5:30 p.m.
A Healthy Me in Briny Feet



4 Healthy Topics 4 p.m.
Tule River Youth 6 p.m.
Anger Management 6 p.m.
Breast Cancer Awareness Walk 5:30 p.m.



11 Personal Trainer 6 a.m. & 11 a.m.
Yoga 10 a.m.
Healthy Topics 4 p.m.
Warriors Meet 5 p.m.
Native Veterans 5:30 p.m.
Anger Management 6 p.m.
Tule River Youth 6 p.m.
Granite Hills NAC



18 Personal Trainer 6 a.m. & 11 a.m.
Yoga 10 a.m.
Healthy Topics 4 p.m.
Warriors Meet 5 p.m.
Anger Management 6 p.m.
Tule River Youth 6 p.m.



25 Personal Trainer 6 a.m. & 11 a.m.
Yoga 10 a.m.
Healthy Topics 4 p.m.
Warriors Meet 5 p.m.
Anger Management 6 p.m.
Tule River Youth 6 p.m.
Granite Hills NAC

31 Community Halloween Night 6 p.m.



5 Youth Volleyball Incentive Trip Fresno Pacific University 10 a.m.



12 Cultural Diversity & Mental Health Tulare Veterans Hall 9 a.m.
Slow Pitch Men's & Women's Softball Tournament 8 a.m.



19 Phil "D" Hunter Memorial Baseball Tournament



26 Youth Football Incentive Trip Bakersfield College 11 a.m.



Happy Halloween





TRIBAL OFFICES

781-4271

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The Tule River Newsletter is Published the first week of every month at the Tule River Tribal Office. Deadline for the Newsletter is the 25th of every month for the following month's newsletter. Submissions may be made by dropping them off at the Tribal Office, calling Frances Hammond at (559) 781-4271 ext. 1047, fax (559) 781-4610 or by e-mail at frances.hammond@tulerivertribe-nsn.gov. The Tule River Newsletter is now available on line at www.tulerivertribe-nsn.gov.



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